



## [NCD 'best buys' and other effective interventions](#)

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To prevent and manage noncommunicable diseases (NCDs) such as cardiovascular diseases, cancer, chronic respiratory diseases and diabetes, appropriate health services and policy interventions are necessary. This summary, produced by the WHO Regional Office for the Eastern Mediterranean, outlines WHO cost-effective interventions, which are based on evidence, and offer a range of options to inform policy decisions.

[English](#)

[Arabic](#)

[French](#)

'Best buys' and other recommended interventions for the prevention and control of noncommunicable diseases

# TACKLING NCDs



## Tackling NCDs: 'Best buys'

Publication date: 2017

This document provides policymakers with a list of 'best buys' and other recommended interventions to address noncommunicable diseases (NCDs) based on an update of Appendix 3 of the Global Action Plan for the Prevention and Control of NCDs 2013–2020. A list of options is presented for each of the four key risk factors for NCDs (tobacco, harmful use of alcohol, unhealthy diet and physical inactivity) and for four disease areas (cardiovascular disease, diabetes, cancer and chronic respiratory disease).

[English](#)

### **Related resources**

['Best buys' for the prevention and control of NCDs \(PAHO\)](#)

[Global action plan for the prevention and control of NCDs](#)

[Implementation roadmap 2023–2030 for the Global action plan for the prevention and control](#)

[of NCDs 2013–2030](#)

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