

Recent publications

[Framework for the implementation of the Global Strategy on Diet, Physical Activity and Health in the Eastern Mediterranean Region: Working document \[pdf 1.53Mb\]](#)

[Waist circumference and waist—hip ratio: Report of a WHO expert consultation, Geneva, 8–11 December 2008](#)

Policy documents

[Regional strategy on nutrition 2010–2019 and plan of action \[pdf 2Mb\]](#)

Links

[Dietary recommendations/Nutritional requirements](#)

[Centres for Disease Control and Prevention \(CDC\), Overweight and obesity](#)

[Centers for Disease Control and Prevention \(CDC\), Healthy weight](#)

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