GIFs | Beat NCDs: Be healthy, Be active

Exercis

Aratoricise regularly

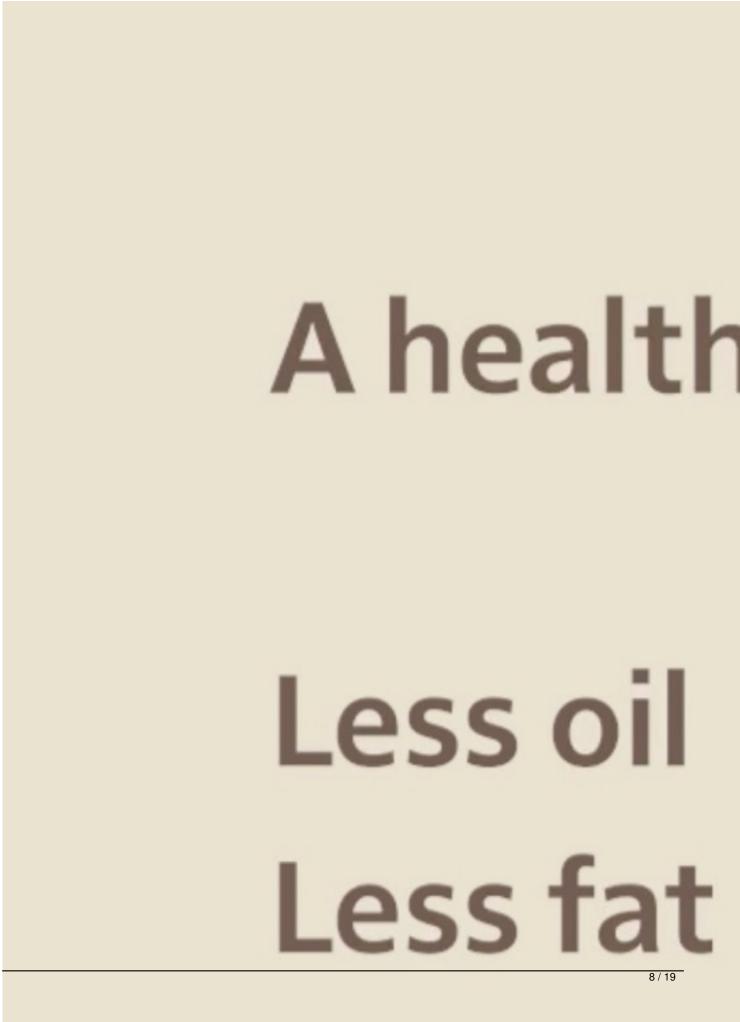
Limit yo Fat intake goes



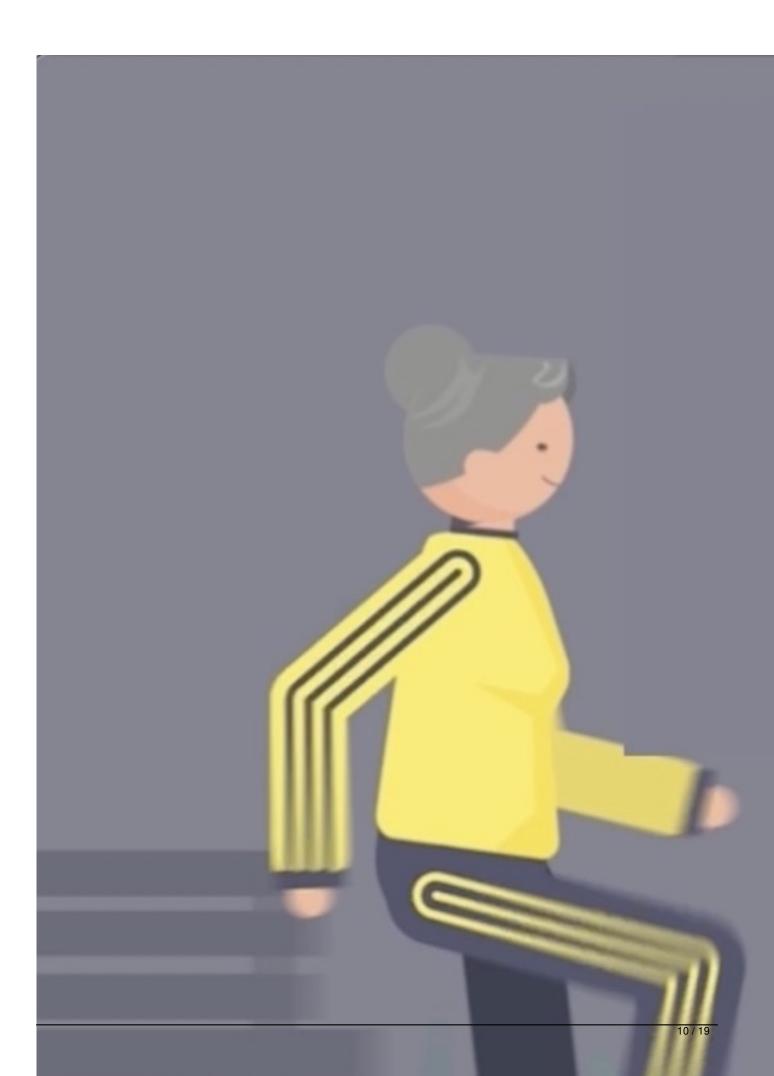
Airaltigour fat intake

Steer c Keep your

Atabicclear of fats



Araeadthy meal



BeathiolCDs: Be healthy, Be active



<u>Beatoib</u> salt

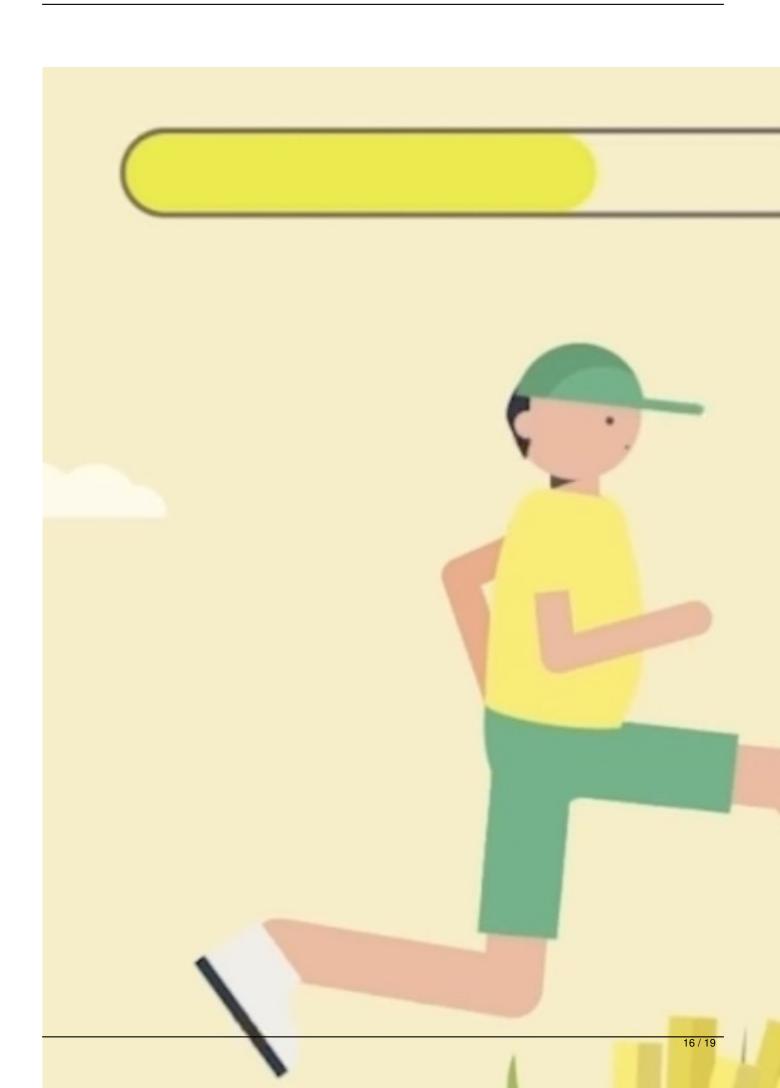
Eat a healthy a

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Activity and the second second



BeathiolCDs: Be healthy, Be active

Too much sun c Protect your

Rrabect ymonada fr2011109 May 2024 07:14:55 PM