The theme of World Health Day 2005 was healthy mothers and children. The well-being of societies is directly linked to the health and survival of mothers and children. Yet too many mothers and children are dying or suffering from the effects of ill-health, poor nutrition and inadequate health care. Nearly all these deaths occur in low- and middle-income countries, and mainly among the poorest of the poor.

Events were organized worldwide to raise awareness of this needless suffering, and of the efforts needed by all to ensure life and good health among these precious members of society.

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