What is diabetes?

Diabetes is one of the four major types of noncommunicable diseases (cardiovascular disease, diabetes, cancer and chronic respiratory diseases). It is a chronic condition that occurs when the body either does not produce enough insulin or cannot effectively use the insulin it does produce. Insulin is a hormone that regulates the blood sugar (glucose) formed from the food consumed by a person. Diabetes therefore results in raised blood sugar levels which, if not controlled, over time lead to serious damage to many of the body's systems.

Saturday 13th of July 2024 04:41:31 AM