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Abstract

Background: After 13 years of blockade and closure, malnutrition has become a significant risk to the health of Gaza's youngest residents. According to recent national surveys, Palestinians are facing a double burden of malnutrition and very low levels of essential minerals and vitamins.

Aims: The aims of this study were to assess nutrient intake adequacy among preschool children and to estimate the dietary and nutrient intake deficiency in the Gaza Strip.

Methods: This cross-sectional, community-based, household survey was carried out in Gaza using 24-hour dietary recall to assess nutrient intake and adequacy among 176 children aged 2–5 years.

Results: Based on the nutrient deficiency for dietary intake [