

Staying safe after a flood

Floods are dangerous, but you can take steps to protect yourself, your family and your home.



Know the risks



- **Wait for the all-clear signal** from local authorities/ authorized rescuers. Don't go back home until officials say it's safe.
- **Get appliances checked:** Have a professional check your gas appliances and electrical systems before you use them again.
- **Seek help when needed:** Get medical attention if you:
 - are injured or sick;
 - need to refill prescriptions;
 - have flu-like symptoms; or
 - have been bitten by an animal or insect.

Mental health support

- Don't hesitate to seek help if you are feeling anxious, depressed, stressed or overwhelmed.



Be careful around floodwater

- **Avoid low areas:** stay away from places where water is still collecting.
- **Don't play in floodwater:** kids shouldn't play or swim in floodwater. It may be contaminated.
- **Electricity:** don't touch anything electrical that is wet, or water that is touching electrical wires.
- **Keep kids away from grass:** children should avoid playing in grassy areas that have been flooded for at least a week.



Clean and dry your home

- **Move wet items:** when the rain stops and the water starts going down, move any wet things outside to dry.
- **Drain water:** if there is water under your house, drain it.
- **Air your home:** keep doors and windows open on sunny days to dry things out. On rainy days, keep windows partially open for ventilation.
- **Clean and disinfect:** wash and disinfect everything in your home that got wet. Do this in a well-ventilated area.
- **Remove mold:** get rid of any mold that's growing in your home.

