

# Recap of Day 1

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**TECHNICAL WORKSHOP ON NATIONAL PROGRAMME FOR GUIDELINE  
DEVELOPMENT AND ADAPTATION IN EGYPT**

**WHO EMRO**

**30 JANUARY – 02 FEBRUARY 2023**

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# Opening session

## Welcome Remarks

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- Vision 2030 for a healthier population and universal health coverage
- President's 100 Million Healthy Lives Initiative
- Unification of care and treatment under one umbrella
- Focus of the guideline program on the quality of methodology
- Increased understanding among all groups on the assessment and appraisal of evidence.
- Encourage more countries in the Region to follow

## Meeting Objectives and Introduction of the Participants

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# Session 1: Key Concepts

## Key Discussions:

- Introduction to Guidelines, outlining:
  - steps of guideline development at WHO
  - conflict of interest management
  - use of GRADE
  - group decision-making/consensus
- Collectively critically appraising guidelines, discussing the variations in practice and areas of equipoise/uncertainty
- Need for a national guideline program for adaptation and contextualization of international guidelines, even without national evidence
- Prioritization of guideline topics and the key minimum criteria
- Adoption vs Adaptation vs De novo Synthèses
- Who should be in a guideline development group?
- Scoping of guidelines and formulating PICO questions
  - Groups presented PICOs questions of given topics

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# Session 2: Evidence synthesis

## Key Discussions:

- Introduction to Systematic Reviews:
  - Steps for conducting a systematic review
  - What disciplines are needed for systematic reviews?
  - Group exercise: Participants stood in the correct order of steps for systematic review
- Critical appraisal of systematic reviews
  - Group Exercise: Critical appraisal of systematic reviews exercise

Thank you