

Table 5 Principal components analysis of menopausal symptoms for married (at the time of the interview) women (n = 312)

Variable	Factors and loadings						
	1	2	3	4	5	6	7
Menopausal symptom							
Incontinence	0.69	–	–	–	–	–	–
Burning micturition	0.64	–	–	–	–	–	–
Depressed mood	0.75	–	–	–	–	–	–
Anxiety	0.47	–	–	–	–	–	–
Irritability	0.69	–	–	–	–	–	–
Disturbed concentration	0.43	–	–	–	–	–	–
Palpitations	–0.53	–	–	–	–	–	–
Tinnitus	0.61	–	–	–	–	–	–
Sleep problems	–	0.57	–	–	–	–	–
Nausea	–	0.67	–	–	–	–	–
Loss of appetite	–	0.73	–	–	–	–	–
Flatulence	–	0.36	–	–	–	–	–
Numbness	–	0.32	–	–	–	–	–
Difficult breathing	–	0.52	–	–	–	–	–
Decreased breast size	–	–0.32	–	–	–	–	–
Muscle or joint pain	–	0.38	–	–	–	–	–
Decreased sexual desire	–	–	0.80	–	–	–	–
Dry/sore vagina	–	–	0.84	–	–	–	–
Vaginal discharge	–	–	–0.58	–	–	–	–
Feelings of loss of attractiveness	–	–	0.43	–	–	–	–
Headache	–	–	–	0.53	–	–	–
Blurred vision	–	–	–	0.75	–	–	–
Drowsiness	–	–	–	0.59	–	–	–
Loss of skin elasticity	–	–	–	–	0.89	–	–
Propensity to gain weight	–	–	–	–	0.82	–	–
Skin wrinkles	–	–	–	–	–	0.74	–
Hair loss	–	–	–	–	–	0.62	–
Increased facial hair	–	–	–	–	–	0.60	–
Tiredness	–	–	–	–	–	0.49	–
Hot flushes	–	–	–	–	–	–	–
Night sweats	–	–	–	–	–	–	–
0.67							
0.65							
Statistical analysis							
Eigenvalue	3.3	2.7	2.5	2.1	2.0	1.9	1.8