

**Table 1 Characteristics of the study sample**

<b>Variable</b>	<b>No.</b>	<b>%</b>
<i>Time since last menstruation (years)<sup>a</sup></i>		
< 4	118	26.2
4–5	112	24.9
≥ 6	220	48.9
<i>Parity<sup>b</sup></i>		
0	17	3.8
1–2	78	17.3
3–4	150	33.3
≥ 5	205	45.6
<i>Age at menopause (years)</i>		
< 48	129	28.7
48–49	142	31.6
≥ 50	179	39.8
<i>Residence</i>		
Urban	299	66.4
Squatter	90	20.0
Rural	61	13.6
<i>Education<sup>c</sup></i>		
Uneducated	355	78.9
Educated	95	21.1
<i>Work status</i>		
Non working	425	94.4
Working	25	5.6
<i>Married before menopause</i>		
Married	360	80.0
Unmarried	90	20.0
<i>Income sufficiency</i>		
Sufficient	175	38.9
Insufficient	275	61.1
<i>Pattern of menopause</i>		
Sudden	88	19.6
Recurrent amenorrhoea	276	61.3
Recurrent bleeding	86	19.1

<sup>a</sup>Mean 6.20; standard deviation 4.03; median 5.

<sup>b</sup>Mean 5.54; standard deviation 3.08; median 5.

<sup>c</sup>Uneducated = illiterate; educated = can read and write.