

Table 5 Recommendations for enhancing the HEARTS Initiative in Morocco

No.	Recommendation
1	Strengthen basic and continuous training for health care personnel on the HEARTS approach, including e-learning modules, to ensure full engagement.
2	Develop a national job and competency framework to institutionalise task shifting and promote effective teamwork.
3	Launch a comprehensive cardiovascular disease prevention and control programme, with adequate staffing, budget, equipment, and medicines.
4	Establish an internal organisational model within primary health care facilities to optimise management of cardiovascular diseases.
5	Revise the essential medicines list to include fixed-dose combination antihypertensive medicines, thereby improving adherence and streamlining supplies.
6	Integrate the HEARTS application into the new information system of the Ministry of Health and Social Protection.
7	Adopt the family doctor-nurse model in primary health care facilities to ensure integrated, comprehensive and continuous care for patients requiring multidisciplinary management.
8	Promote clinical, epidemiological and health economics research on the HEARTS approach to inform evidence-based policy and guide strategic planning.
9	Encourage a community-based approach, engaging community health workers and fostering public-private partnerships, particularly in rural areas, to improve management of cardiovascular diseases.