Table 1 Baseline characteristics of the study sample: patients aged ≥ 18 years with T2DM who were starting second-line glucose-lowering therapy, Lebanon, 2015–2019

Parameter	Patients (n = 348)	
	No.	%
Sex, male	198	56.9
Main working status		
Employed/self-employed	182	52.3
Not working	139	40.0
Retired	12	3.4
Missing data	15	4.3
Health insurance coverage		
Private	129	37.1
Public/governmental	84	24.1
Mixed	39	11.2
No insurance	73	21.0
Missing data	23	6.6
Education level (years)		
No formal education	30	8.6
Primary (1–6)	67	19.3
Secondary (7–13)	146	42.0
University/higher education (13+)	74	21.3
Missing data	31	8.9
Tobacco smoking		
Non-smoker	210	60.3
Ex-smoker	43	6.8
Current smoker	91	26.2
Missing data	23	6.6
Alcohol drinking		
Lifetime abstainer	273	79.4
Former drinker	2	0.6
Drinker	69	20.1
Missing data	4	1.2
Hypertension	157	45.1
Hyperlipidaemia	169	48.6
Any microvascular complication	49	14.1
Any macrovascular complication	42	12.1
	Mean	**SD**
Age (years)	59.2	10.3
HbA1c (%)	8.5	1.6
Fasting glucose (mg/dL)	178.7	56.5
Duration of diabetes (years)	6.7	6.5
Body mass index (Kg/m²)	29.8	4.6
Systolic blood pressure (mmHg)	133.0	14.4
Diastolic blood pressure (mmHg)	77.5	8.1
Low density lipoprotein cholesterol (mg/dL)	109.2	38.6