

Table 4 Association between stress on the Kessler 10-item psychological distress scale (K10) and physical problems suffered

Physical problems	Stress ^a				OR	95% CI	P-value ^b
	No		Yes				
	No.	%	No.	%			
None	79	35.6	100	45.0	1	–	
Mild to moderate	5	2.3	28	12.6	4.42	1.63–11.98	0.003
Severe	2	0.9	8	3.6	3.16	0.65–15.30	0.153

^aAbove (≥ 20) or below (< 20) cut-off score on the K10; ^bLogistic regression analysis.
OR = odds ratio; CI = confidence interval.