

Table 1 Baseline characteristics of the women completing the study (*n* = 8)

Characteristic	Median	Range
Age (years)	24	23-28
Years of education	17	16-19
Reported usual intentional outdoor sun exposure (min/week)	0	0-30
% body surface area usually exposed to sunlight	9	4-9
Serum 25-hydroxyvitamin D concentration (nmol/L)	17.6	3.8-23.8