

Table 1 Demographic characteristics of the study nurses (n = 107)

Characteristic	Value
<i>Sex (%)</i>	
Female	89.7
Male	10.3
<i>Age (years)</i>	
Mean (SD)	32.3 (7.3)
Min-max	22-52
<i>Job tenure (years)</i>	
Mean (SD)	9.9 (6.7)
Min-max	2-28
<i>Marital status (%)</i>	
Single	41.0
Married	53.3
Divorced	1.9
Widowed	3.8
<i>Education (%)</i>	
BSc degree	91.0
MSc or PhD degree	9.0
<i>Shift schedule (%)</i>	
Day (fixed)	19.8
Evening (fixed)	5.6
Night (fixed)	0.9
Rotation	73.7

SD = standard deviation.