

**Table 2. Work characteristics**

Work nature	n	%
Direct contact with patients	239	92.3
Office work	20	7.7
Shift nature		
Day work	222	85.7
Shift work	37	14.3
Shift hours		
6–9/shift	249	96.1
10–12shift	10	3.9
Work days/week	5.2 (0.6)	
Work experience		
≤ 10 yr	215	83.0
> 10 yr	44	17.0
Intensity of workload		
Light/moderate	163	62.9
Heavy/overwhelming	96	37.1
Type of workload <sup>a</sup>		
Physical stress	179	69.1
Sitting > 4 h/shift	16	6.2
Standing/moving > 4 h/shift	140	54.1

<sup>a</sup>Categories are not mutually exclusive.