Turning resolutions into results:

Leveraging the 4th UN high-level meeting to accelerate regional progress on NCDs in the EMR

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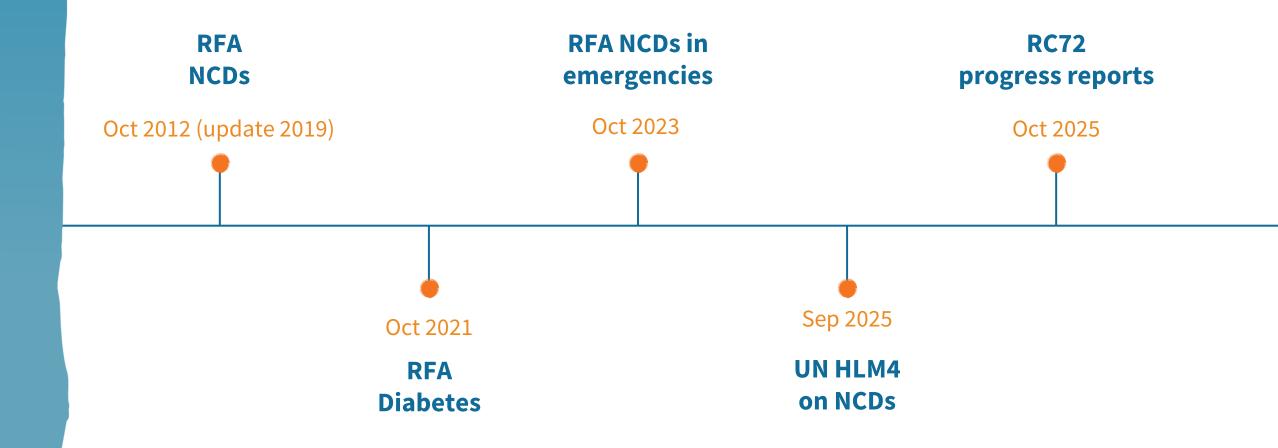


Let's get acquainted!

Let us know your country on Slido:

Add QR here







Burden of Diabetes in the EMR



1 in 6

Adults (20-79 years) have diabetes



1 in 3

Adults with diabetes are undiagnosed



1 in 5

Live birth affected by hyperglycemia in pregnancy



international \$639 billion in 2023

Economic burden in the EMR



21.6%

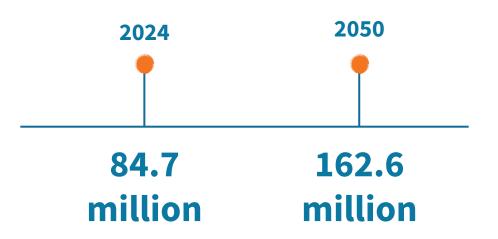
Diabetes-related deaths <60 (working age)

Burden of diabetes in the EMR

Worldwide

2024		
Rank	Country or territory	Age-Standardised Diabetes Prevalence (%)
1	Pakistan	31.4%
2	Marshall Islands	25.7%
3	Kuwait	25.6%
4	Samoa	25.4%
5	Qatar	24.6%
6	Kiribati	24.6%
7	Saudi Arabia	23.1%
8	French Polynesia	22.8%
9	Egypt	22.4%
10	Bahrain	22.0%

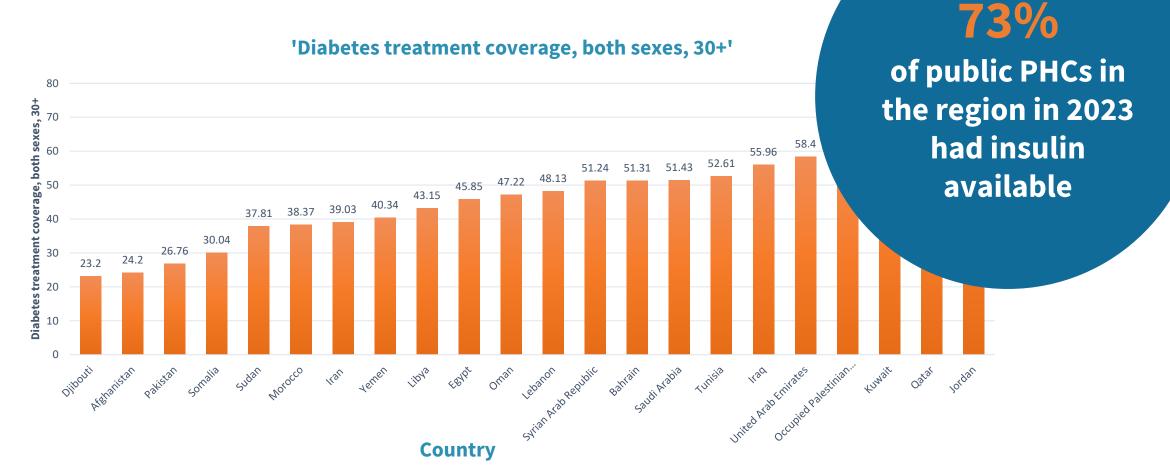
Middle-East & North Africa (MENA)



92% increase

Source: IDF Mena Atlas 2025

Not every person with diabetes can secure their treatment!



Sources: WHO Global Health Observatory, 2022 & Country Capacity Survey, 2023

Diabetes prevention and control progress



Governance

Multisectoral policies GAP: Domestic funding



Prevention

NCD best buys GAP: Multi sectoral action & Screening



Management

PEN, HEARTS-D &TPE GAP: Referral pathways



Surveillance & research

Diabetes registries GAP: Implementation research

Management – Therapeutic Patient Education (TPE)

- Reduction in healthcare costs
- Empowering patients for better self-management
- Promoting health literacy
- Improvements in clinical health outcomes
- Encourages Behavior Change
- Psychological and Emotional Support
- Enhances the Patient-Provider Relationship

Ongoing input from regional & global expert network and people with lived experience



Situational analysis of the current practices



Draft curriculum for healthcare professionals to support people living with diabetes



Systematic review of published literature in EMRO



Pilot and modifications for scaling up

Getting back on track



Mobilize
domestic funding
for diabetes
treatment
coverage



Scale upPEN and HEARTs
rollout nationally



Promote

therapeutic patient education for prevention, self-care & management



Strengthen
diabetes registries,
and digitalize
medical records

Interactive way forward

Slido Questions

- Based on your context, what should WHO prioritize for action on Diabetes?
- What other solutions/ recommendations do you think would drive action on diabetes in our region?
- How can you contribute to this process?





NCDs are exacerbated by emergencies in our region



9/22

countries are fragile/conflict affected



66% of deaths due to NCDs



115.6

million people in need



46%

of global internal displacement



Emergencies

happen on top of already exhausted health system



NCD complications-

2–3 times more common in emergency settings

Progress across the five areas of the framework



Leadership, collaboration & advocacy



Service delivery, HR, medicines & technologies



Resource mobilization & financing



Community participation, communication, & trust building



Information, data, research, & digital health

Regional solidarity now more than ever

- Embed NCD care in emergency risk-management policies and strategies
 & strengthening Collaboration
- Advocate for pooled financing mechanisms & Engage donors to prioritize
 NCDs in humanitarian settings
- Define a priority list of medicines and equipment for NCDs in humanitarian - Emergency service packages that include NCD care.
- Build institutional capacity for data analysis and collaborative surveillance & Use digital health tools
- Empower community health workers & build trust

Interactive way forward

Slido Questions

- Based on your context, what should WHO focus on for action on NCDs in emergencies?
- How do different partners/stakeholders engage in the response?

