

المجلة الصحية لشرق المتوسط

**Eastern
Mediterranean
Health Journal**

**La Revue de Santé
de la Méditerranée
orientale**

Vol. 14 Supplement 2008

WHO 60th anniversary
special issue

Contents

Letter from the Editor.....	S4
Preamble to the Constitution of the World Health Organization.....	S8
Declaration of Alma Ata.....	S9
Thirty years of primary health care in the Eastern Mediterranean Region <i>Belgacem Sabri</i>	S12
Health protection and promotion <i>Haifa Husni Madi and Syed Jaffar Hussain</i>	S15
Aspiring to build health services and systems led by primary health care in the Eastern Mediterranean Region <i>Ahmed Ali Abdullatif</i>	S23
Primary health care, health policies and planning: lessons for the future <i>Sameen Siddiqi, Arnfried Kielmann, Susan Watts and Belgacem Sabri</i>	S42
Community ownership and intersectoral action for health as key principles for achieving “Health for All” <i>Mohammad Assai Ardakani and Humayun Rizwan</i>	S57
Health research in the World Health Organization Regional Office for the Eastern Mediterranean <i>Mohammad Afzal</i>	S67
Thirty years of essential medicines in primary health care <i>Zafar Mirza</i>	S74
The progress of Roll Back Malaria in the Eastern Mediterranean Region over the past decade <i>Hoda Atta and Ghasem Zamani</i>	S82
HIV/AIDS in the last 10 years <i>Abdalla Sidahmed Osman</i>	S90
Improving maternal health to achieve the Millennium Development Goals in the Eastern Mediterranean Region: a youth lens <i>Ramez Mahaini</i>	S97
Nutrition in the Eastern Mediterranean Region of the World Health Organization	

Nutrition in the Eastern Mediterranean Region of the World Health Organization <i>Kunal Bagchi</i>	S107
Mental health challenges and possible solutions <i>Mohammad Taghi Yasamy</i>	S114
Tobacco control in the Eastern Mediterranean Region: overview and way forward <i>Fatimah El Awa</i>	S123
Health and the environment with focus on the Eastern Mediterranean Region <i>Houssain Abouzaid</i>	S132
Food safety <i>Mohamed Elmi</i>	S143
The humanitarian consequences and actions in the Eastern Mediterranean Region over the last 60 years – a health perspective <i>Altaf Musani and Irshad A. Shaikh</i>	S150
e-health in the Eastern Mediterranean Region: a decade of challenges and achievements <i>Najeeb Al-Shorbaji</i>	S157
(Ô)	S174
(ÔÔ)	S182
Guidelines for authors	S192
WHO sales and discount policy	S198

Eastern Mediterranean Health Journal

M. Haytham Khayat MD, FRSH, *Editor-in-chief*
Ahmed Ezzat Abdou BSc, DPH, PhD, *Executive Editor*

Editorial Board

Ibrahim M. Abdel Rahim MBBS, MPH&TM, MRCP
Houssain Abouzaid MS (Chem Eng), MS (Sanit Eng), DrS
Zuhair Hallaj MD, DPH, DrPH
Mohamed Hussein M. Khalil MD, MPH, PhD (Biostat)
Haifa Madi MD, MPH
Belgacem Sabri MD, MPA, MA (Econ)
Abdel Aziz Saleh Dip (Hosp Pharm), Dip (Indus Pharm), PhD
Kassem Sara MD, MAM
Anna Verster MBBS, Dip Nutr
M. Helmy Wahdan MD, DPH, PhD

International Advisory Panel

Dr S. Aboulazm. Professor of Orthodontics. Egypt
Dr Abdul Rahman Al-Awadi BSc, MD, MPH, Honorary
FRCM, Ireland, Honorary Dr. Law, Korea, Honorary
FRCS & P. Glasgow, FRCP, Edinburgh. Kuwait
Dr Fariba Al-Darazi RN, MSc, PhD. Bahrain
Dr M. Al-Nozha, MD, FRCP, FACC, FESC. Professor of
Medicine and Consultant Cardiologist. Saudi Arabia
Dr Ala'din Alwan MD, FRCP, FFPHM. Iraq
Dr F. Azizi. Professor of Internal Medicine and
Endocrinology. Islamic Republic of Iran
Dr K. Bagchi BSc, MD, PhD. India
Professor K. Dawson BA, MD, PhD, FRCP, FRACP,
FRCPCH, DObst, RCOG. New Zealand
Professor Kaussay Dellagi MD. Tunisia
Dr R. Dybkaer MD. Denmark
Dr M. Aziz El-Matri. Professor of Medicine. Tunisia
Professor F. El-Sabban BSc, MS, PhD. United States of
America
Dr A.H. El-Shaarawi MSc (Stat), PhD (Stat). Canada
Professor N. Fikri-Benbrahim PhD (Pub health)
(SocSci). Morocco
Professor A.T. Florence BSc (Pharm), PhD, DSc, FRSC,
FRPharmS, FRSE. United Kingdom
Professor Cheherezade M.K. Ghazi BS (Nursing), MS
(Nursing), DPH, MPA. Egypt
Professor M.A. Ghoneim MD, MD (Hons). Egypt
Dr J.A. Hashmi DTM&H, FRCP. Pakistan
Professor J. Jervell MD, PhD. Norway
Professor G.J. Johnson MA, MD, BChir, FRCS (C),
FRCOphth, DCEH. United Kingdom
Dr M. Kassas. Emeritus Professor of Plant Ecology.
Egypt
Professor M.M. Legnain MBBS, MRCOG, FRCOG.
Libyan Arab Jamahiriya
Professor El-Sheikh Mahgoub DipBact, PhD, MD,
FRCPath. Sudan
Professor A.M.A. Mandil MSc (Paediatric), MPH, DrPH.
Egypt
Professor A.B. Miller MB, FRCP. Canada
Professor S.S. Najjar MD. Lebanon
Dr Abubaker A. Qirbi BSc, MD (Edin), FRCPC (Can),
FRCP FRCPath (UK). Republic of Yemen
Professor O.S.E. Rasslan MD, PhD. Egypt
Professor W.A. Reinké MBA, PhD. United States of
America
Professor I.A. Sallam, MD, Dip High Surgery Cairo,
Honorary FRCS, PhD (Glasgow), LRCP, MRCS,
FRCS (London), ECFMG. Egypt
Dr C.Th.S. Sibinga FRCP (Edin), FRCPath.
The Netherlands
Mr Taoufik Zeribi Eng BSc, MSc. Tunisia

Editorial: Fiona Curlet, Marie-France Roux, Alison Bichard, Eva Abdin