



What are NCDs?

NCDs, commonly known as chronic or lifestyle-related diseases, include cardiovascular diseases, cancers, chronic respiratory diseases and diabetes. These diseases are the world's biggest killers and a leading cause of death in the Eastern Mediterranean Region. Every year, more than 1.7 million people in the Region die from these 4 diseases alone, and yet many of these deaths could be prevented through simple lifestyle-related changes and cost-effective interventions implemented by national governments.

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