



On 12 February 2012, a one-day workshop on the evaluation of the Nizwa health lifestyle project was held in Nizwa, Oman. The workshop was attended by the Director General of Health Affairs, directors of *willayat* health services and programme directors from both Sultan Qaboos University Hospital and WHO. The workshop concluded that the project had had a positive impact in reducing noncommunicable diseases, raising community awareness and promoting community involvement in reducing risk factors for noncommunicable diseases.

The Nizwa healthy lifestyle project focused on five areas to reduce noncommunicable diseases: promoting physical activity, healthy diets, tobacco control, healthy environments and preventing road traffic and domestic injuries.

On 13 February 2012, a one-day workshop was organized by the Ministry of Health to review the status of the community-based initiatives programme and its future directions in Oman.

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