



On 28 February 2021, a WHO Oman country office team visited the Whispers of Serenity Clinic to see the mental health services provided and assess the building. The visit is part of a collaboration with the Clinic and the Ministry of Health on a mental health campaign for the health workforce to enable staff to sustain the delivery of high quality health services in Oman.

After a warm welcome, an introductory session was provided by the clinic team, highlighting that the clinic was established over 10 years ago and provides services for different types of mental health issue and through several professional specialties. Services are provided in several languages, including Arabic, English, Chinese, Hindi and Italian, among others. This was followed by discussion on different areas of work, with a focus on research, data analysis and results dissemination.

The mental health therapists use multiple techniques, including art, walking and talking therapy, providing individual or group sessions for children, parents, teenagers and adults.

The team viewed the consultation rooms, to assess their layout and suitability for therapy sessions. The team was also shown art works made by children and teenagers during therapy sessions.

The clinic is the first private mental health clinic in Oman seeking to collaborate with WHO,

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