

More than 60% of type 2 diabetic subjects in the Eastern Mediterranean Region have some degree of dyslipidaemia. More than 40% of type 2 diabetic individuals have hypercholesterolemia and a further 23% have hypertriglyceridaemia and/or a low level of HDL cholesterol. The purpose of this quick reference guide is to offer proper information and guidance to primary health care physicians, specialists and consultants, and also to policy-makers. They do not attempt to make rigid clinical decisions for physicians and patients. Each clinician must decide, with their patients, the best approach for managing dyslipidaemia in diabetes.

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