



[Stories from the field: sharing successful strategies from the Eastern Mediterranean Region in mitigating noncommunicable diseases and mental health disorders during the COVID-19 pandemic and beyond](#)

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This publication concentrates on unpublished accounts of what Eastern Mediterranean Region countries have done to address noncommunicable diseases and mental health issues, both before and during the COVID-19 pandemic. The aim is not to give a complete picture of each country's overall strategy, but to share knowledge and experience with other countries around the world as we confront the global challenges of mental health and NCDs.

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Alcohol and COVID-19

Alcohol and COVID-19: what you need to know

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Excessive screen use and COVID-19

Excessive screen use and gaming considerations during #COVID19

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Helping children cope with stress during 2019-nCoV outbreak

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Food crisis likely to worsen in the Middle East and North Africa as COVID 19 continues

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Tobacco and COVID-19

Why should you quit and stay off tobacco and vaping during COVID-19 and always?

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Give up heated tobacco products during COVID-19 and always

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Don't vape during COVID-19 and always

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Advancing tobacco control during the COVID-19 pandemic

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Country tobacco control activities during COVID-19

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Don't smoke or vape during Eid and always

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Post COVID-19: banning tobacco and e-cigarettes in public places is a public health must

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Smoking and vaping increases your chances of developing a severe case of COVID-19

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Tobacco and waterpipe use increase the risk of suffering from COVID-19

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