

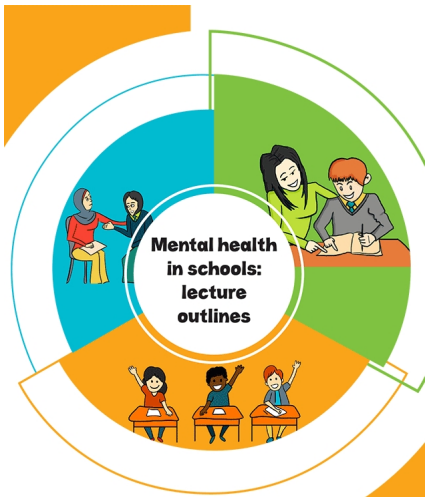
Schools provide a great opportunity to promote mental health and emotional wellbeing, prevent mental health problems and identify and support children who are experiencing emotional difficulties. This mental health in schools training package, developed by the WHO Regional Office for the Eastern Mediterranean, will enable educators to better support the mental health needs of their students and to take practical steps that are implementable in school settings. It is intended for those involved in the educational process, including teachers, school administrators, nurses, social workers and school counsellors, in addition to educational policymakers and nongovernmental organizations.

The mental health in schools training package is available in two formats, an [online course](#) and a training package. The [online course](#) consists of four key components: an introduction, lectures, additional resources and a discussion forum. For the training package, this consists of five key components that should be used together and includes: a manual, lecture outlines, lectures/slide presentations and handouts, as well as an implementation and evaluation plan.

» [Online course](#)
Training package



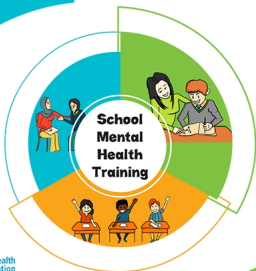
[Mental health in schools: a manual](#)



 [Mental health in schools: lecture outlines](#)



 [Mental health in schools: lectures \(slide presentations\)](#)



 [Lecture 1: introduction and background](#)



 [Lecture 2: normal child development 1](#)



[Lecture 3: normal child development 2](#)



[Lecture 4: mental health-promoting schools 1 \(promotion and prevention\)](#)



[Lecture 5: mental health-promoting schools 2 \(promotion and prevention\)](#)



[Lecture 6: other health-promoting efforts that impact mental health](#)



[Lecture 7: referring children in schools](#)



problem 1: strategies to address behavioural manifestations of common mental health



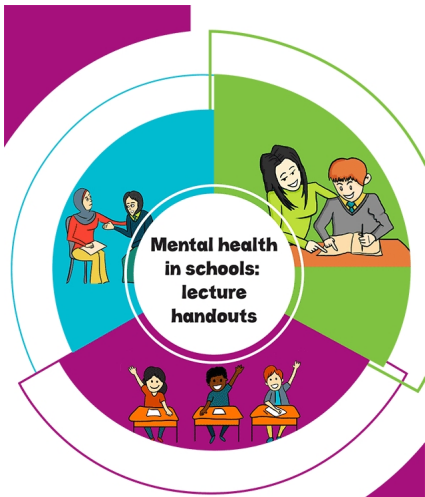
problem 2: strategies to address behavioural manifestations of common mental health



problem 3: strategies to address behavioural manifestations of common mental health



problem 4: strategies to address behavioural manifestations of common mental health



[Mental health in schools: lecture handouts](#)



[Mental health in schools: implementation and evaluation plan](#)

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