



Ali Bakhsh Nasrat, BScN, MS, HRM, WHO fellow in digital health, Ministry of Health, Afghanistan, and
What inspired you to come to work every day?

To learn and experience new ideas, knowledge and skills with my colleagues and supervisor.

What are your future goals?

I will utilize the gained skills, knowledge and experiences for better health well-being of the people.

What were your major contributions during the fellowships?

During my fellowship, I completed the following deliverables for the digital health programme and country office of Afghanistan.

- Assisted in drafting a paper on digital health capacities and challenges;a regional perspective
- Assisted in drafting a report on digital health in the Region: contemporary trends and future prospects
- Drafted two digital health-related internet-intranet stories
- Analysis report in-house survey data related to digital applications
- Drafted photo stories on health workers in relation to COVID-19 in Afghanistan
- Assisted in reviewing and translating awareness-raising materials for COVID-19 for the WHO country office in Afghanistan.

What are your takeaway from this fellowship?

This was great opportunity meeting with diverse people with different experience and culture with friendly and professional manners. The workplace was highly learning and experiencing.

What were your fun experiences outside the office in Cairo?

Cairo is safe city with friendly and supportive people. I have enjoyed exploring different local foods and talked to many local people. Most interestingly, I enjoyed exploring historic places from different eras, including the Pyramids of Giza and Al-Azhar Mosque and Garden.

Any tips or suggestions for future fellows?

You will learn here the professionalism in workplace and many more related skills. Explore the

foods, people and places to make unforgettable memories.

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