In order to support Member States in the development of interventions to reduce physical inactivity, WHO Regional Office, in collaboration with the University of Western Australia and the WHO Collaborating Centre on Physical Activity, Nutrition and Obesity, is planning to conduct a rapid policy mapping on physical activity in the Member States of the Eastern Mediterranean Region.

The core objectives of the mapping exercise, through a rapid audit tool, are to:

- identify current policy and programmes that support and contribute to national actions aimed at increasing physical activity;

- identify gaps and opportunities for developing new policy and programmes to support increasing levels of physical activity;

- identify the stakeholders involved in promoting physical activity;

- facilitate the development of, or update existing, national action plans aimed at increasing physical activity;

- identify the needs of Member States to support the implementation of comprehensive national actions to increase physical activity.

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