

A regional physical activity network is being established jointly with the Department of Physiology, Faculty of Medicine of Kuwait University. This network is known as PARNEM.

## **Objectives**

The objectives of the network are to:

- provide and foster a communication forum for the sharing of research and practice within and between Member States on the national promotion of physical activity across the life course
- build capacity and awareness across different sectors and stakeholders and support the development of supportive policy and urban environments for physical activity; this includes but is not limited to linking professionals from across urban planning, transport planning, sports and recreation, education and health sectors

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