

The first consultation of the Regional Advisory Committee on Physical Activity was held on 28–29 September 2014 in Cairo, Egypt, to agree on a roadmap with priority actions for the implementation of the regional call to action on physical activity.

Committee members reviewed country commitments and needs, based on these areas, towards achieving the global target of a 10% reduction in physical inactivity by 2025 and interventions from the regional call to actions together with the recommendations.

Suggested actions included: generating data on surveillance and response capacity; developing national plans of action with set targets; developing policy/legal tools to support physical activity; and conducting campaigns to create a demand for physical activity.

Related link

[Consultation of the Regional Steering Committee on Physical Activity and the Regional Technical Working Group on Physical Activity, Cairo, Egypt, 28–29 September 2014](#)

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