

Al Moharik City, Bahrain's third largest city, is currently applying to become a member of the global network of age-friendly cities.

Al Moharik City has five primary health care centres which all offer age-friendly health services for older people, in addition age-friendly services are also provided in the hospitals.

The WHO age-friendly cities initiative began in 2006 by identifying the key elements of the urban environment that support active and healthy ageing. Research from 33 cities, confirmed the importance for older people of access to public transport, outdoor spaces and buildings, as well as the need for appropriate housing, community support and health services. It also highlighted the need to foster the connections that allow older people to be active participants in society, to overcome ageism and to provide greater opportunities for civic participation and employment.

Related links

[WHO Global Network of Age-friendly Cities and Communities](#)

[Global age-friendly cities: a guide \[pdf 1.43Mb\]](#)

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