

Kabul 7 April 2012 – Dr Suraya Dalil, Minister of Public Health of Afghanistan, and representatives of WHO commemorated World Health Day on 7 April 2012 in Afghanistan. World Health Day celebrates the birthday of WHO.

As the demographic of Afghanistan is changing rapidly, the health sector needs to change also. The demographic of over 60 years old comprises 6% of the total population, but in the future this percentage will double.

Therefore, WHO launched the “Good Health Adds Life to Years” campaign to highlight that if we take care of our health when young, we will grow old healthier. This theme also highlights that societies must take care of older people, support their active participation in daily life and show older people that they are valuable and make them feel valued.

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