### **GYTS Objectives**

The Global Youth Tobacco Survey (GYTS), a component of the Global Tobacco Surveillance System (GTSS), is a global standard for systematically monitoring youth tobacco use (smoking and smokeless) and tracking key tobacco control indicators.

GYTS is a nationally representative school-based survey of students in grades associated with 13 to 15 years of age and is designed to produce cross-sectional estimates for each country. GYTS uses a standard core questionnaire, sample design, and data collection protocol. It assists countries in fulfilling their obligations under the World Health Organization (WHO) Framework Convention on Tobacco Control (FCTC) to generate comparable data within and across countries. WHO has developed MPOWER, a package of selected demand reduction measures contained in the WHO FCTC:



Monitor tobacco use & prevention policies

Protect people from tobacco smoke
Offer help to quit tobacco use
Warn about the dangers of tobacco
Enforce bans on tobacco advertising,
promotion, & sponsorship

Raise taxes on tobacco

# **GYTS Methodology**

GYTS uses a global standardized methodology that includes a two-stage sample design with schools selected with a probability proportional to enrollment size. The classes within selected schools are chosen randomly and all students in selected classes are eligible to participate in the survey. The survey uses a standard core questionnaire with a set of optional questions that permits adaptation to meet the needs of the country on tobacco use and key tobacco control indicators. The questionnaire covers the following topics: tobacco use (smoking and smokeless), cessation, secondhand smoke (SHS), pro- and anti-tobacco media and advertising, access to and availability of tobacco products, and knowledge and attitudes regarding tobacco use. The questionnaire is self-administered; using scannable paper-based bubble sheets, it is anonymous to ensure confidentiality.

In Sudan, GYTS was conducted in 2014 by the Federal Ministry of Health Tobacco Control Program. The overall response rate was 99.2%. A total of 2,200 eligible students in grades 8 primary, 1st secondary, and 2nd secondary completed the survey, of which 1,450 were aged 13-15 years. Data is reported for students aged 13-15.

## **GYTS Highlights**

#### **TOBACCO USE**

- 11.7% of students, 14.5% of boys, and 7.3% of girls currently used any tobacco products.
- 8.3% of students, 10.6% of boys, and 5.0% of girls currently smoked tobacco.
- 4.5% of students, 6.2% of boys, and 2.2% of girls currently smoked cigarettes.
- 4.9% of students, 6.1% of boys, and 3.2% of girls currently used smokeless tobacco.
- 7.8% of students, 8.6% of boys, and 6.5% of girls currently used electronic cigarettes.

#### **SECONDHAND SMOKE**

- 26.9% of students were exposed to tobacco smoke at home.
- 49.4% of students were exposed to tobacco smoke inside enclosed public places.

#### **ACCESS & AVAILABILITY**

• 56.3% of current cigarette smokers obtained cigarettes by buying them from a store, shop, street vendor, or kiosk.

#### **MEDIA**

- More than 6 in 10 students noticed anti-tobacco messages in the media.
- Almost 5 in 10 students noticed tobacco advertisements or promotions when visiting points of sale.
- More than 1 in 10 students owned something with a tobacco brand logo on it.

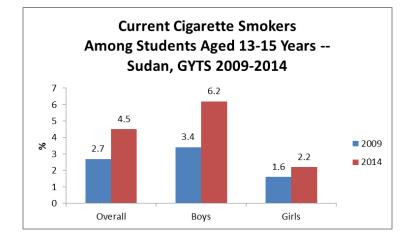
#### **KNOWLEDGE & ATTITUDES**

- 67.8% of students definitely thought other people's tobacco smoking is harmful to them.
- 77.3% of students favored banning smoking inside enclosed public places.





TOBACCO USE			
SMOKED TOBACCO	OVERALL (%)	BOYS (%)	GIRLS (%)
Current tobacco smokers <sup>1</sup>	8.3	10.6	5.0
Current cigarette smokers <sup>2</sup>	4.5	6.2	2.2
Frequent cigarette smokers <sup>3</sup>	0.2	0.2	0.1
Current smokers of other tobacco <sup>4</sup>	4.6	5.2	3.3
Ever tobacco smokers <sup>5</sup>	29.7	37.7	19.7
Ever cigarette smokers <sup>6</sup>	22.8	31.1	13.0
Ever smokers of other tobacco <sup>7</sup>	12.9	14.7	10.2
SMOKELESS TOBACCO			
Current smokeless tobacco users <sup>8</sup>	4.9	6.1	3.2
Ever smokeless tobacco users <sup>9</sup>	13.2	16.7	8.6
TOBACCO USE (smoked and/or smokeless)			
Current tobacco users <sup>10</sup>	11.7	14.5	7.3
Ever tobacco users <sup>11</sup>	36.0	43.8	26.2
ELECTRONIC CIGARETTES			
Current electronic cigarette users <sup>12</sup>	7.8	8.6	6.5
SUSCEPTIBILITY			
Never to bacco users susceptible to to bacco use in the future $^{13}$	13.5	17.2	10.1
Never smokers who thought they might enjoy smoking a cigarette $^{14}$	15.8	18.1	13.9



# CESSATION OVERALL (%) BOYS (%) GIRLS (%) Current smokers who have ever received help/advice from a program or professional to 38.3 35.8 --

stop smoking

SECONDHAND SMOKE			
	OVERALL (%)	BOYS (%)	GIRLS (%)
Exposure to tobacco smoke at home <sup>††</sup>	26.9	28.7	24.7
Exposure to tobacco smoke inside any enclosed public place $^{\dagger\dagger}$	49.4	48.8	49.6
Exposure to tobacco smoke at any outdoor public place <sup>††</sup>	41.6	45.8	35.8
Students who saw anyone smoking inside the school building or outside on school property	36.7	43.6	28.9

	OVERALL (%)	BOYS (%)	GIRLS (%)
Current cigarette smokers who obtained cigarettes by buying them from a store, shop, street vendor, or kiosk <sup>15</sup>	56.3		
MEDIA			
TOBACCO ADVERTISING	OVERALL (%)	BOYS (%)	GIRLS (%)
Noticing to bacco advertisements or promotions at points of sale $^{\rm 16}$	45.4	47.1	43.0
Students who saw anyone using tobacco on television, videos, or movies <sup>17</sup>	68.0	68.0	67.4
Students who were ever offered a free tobacco product from a tobacco company representative	12.6	14.1	10.9
Students who own something with a tobacco brand logo on it	13.4	12.8	14.0
ANTI-TOBACCO ADVERTISING			
Noticing anti-tobacco messages in the media <sup>†</sup>	61.9	60.8	63.2
Noticing anti-tobacco messages at sporting or community events $^{18}$	44.5	46.9	41.0
Current smokers who thought about quitting because of a warning label <sup>19</sup>	37.0	34.8	

**ACCESS & AVAILABILITY** 

Students who were taught in school about the

dangers of tobacco use in the past 12 months

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KNOWLEDGE & ATTITUDES				
	OVERALL (%)	BOYS (%)	GIRLS (%)	
Students who definitely thought it is difficult to quit once someone starts smoking tobacco	28.9	25.9	32.7	
Students who thought smoking tobacco helps people feel more comfortable at celebrations, parties, and social gatherings	23.7	24.9	22.0	
Students who definitely thought other people's tobacco smoking is harmful to them	67.8	66.0	71.3	
Students who favor banning smoking inside enclosed public places	77.3	77.1	78.0	
Students who favor banning smoking at outdoor public places	76.4	74.4	78.9	

51.7

48.7

55.2

<sup>1</sup> Smoked tobacco anytime during the past 30 days. <sup>2</sup> Smoked cigarettes anytime during the past 30 days. <sup>3</sup> Smoked cigarettes on 20 or more days of the past 30 days. <sup>4</sup> Smoked tobacco other than cigarettes anytime during the past 30 days. <sup>5</sup> Ever smoked any tobacco, even one or two puffs. <sup>6</sup> Ever smoked cigarettes, even one or two puffs. <sup>8</sup> Used smokeless tobacco anytime during the past 30 days. <sup>9</sup> Ever used smokeless tobacco. <sup>10</sup> Smoked tobacco and/or used smokeless tobacco anytime during the past 30 days. <sup>11</sup> Ever smoked tobacco and/or used smokeless tobacco. <sup>12</sup> Used electronic cigarettes anytime during the past 30 days. <sup>11</sup> Ever smoked tobacco and/or used smokeless tobacco. <sup>12</sup> Used electronic cigarettes anytime during the past 30 days. <sup>11</sup> Current use of electronic cigarettes is assessed separately from the question used to define current smokers of other tobacco. <sup>13</sup> Susceptible to future tobacco use includes those who answered "definitely yes", "probably yes", or "probably not" to using tobacco during the next 12 months. <sup>14</sup> Those who answered "Agree" or "Strongly Agree" to the statement: "I think I might enjoy smoking a cigarette". <sup>15</sup> How cigarettes were obtained the last time respondents smoked cigarettes in the past 30 days. <sup>16</sup> Among those who visited a point of sale in the past 30 days. <sup>17</sup> Among those who watched television, videos, or movies in the past 30 days. <sup>18</sup> Among those who attended sporting or community events in the past 30 days. <sup>19</sup> During the past 30 days. <sup>1</sup> During the past 30 days. <sup>1</sup> During the past 30 days. <sup>10</sup> D

**NOTE:** Students refer to persons aged 13-15 years who are enrolled in school. Data have been weighted to be nationally representative of all students aged 13-15 years. Percentages reflect the prevalence of each indicator in each group, not the distribution across groups.

--Estimates based on unweighted cases less than 35 are suppressed.