

# Country fact sheets

The World Health Organization (WHO) and the Centers for Disease Control and Prevention (CDC), Atlanta, developed the Global Health Professions Student Survey to track tobacco use among health professions students across countries using a common methodology and core questionnaire. Information from the Survey is compiled within the participating country by a Research Coordinator nominated by the Ministry of Health, and technically reviewed by WHO and CDC. The content has not otherwise been edited by WHO or CDC.

All reasonable precautions have been taken by the World Health Organization to verify the information contained in this publication. However, the published material is being distributed without warranty of any kind, either expressed or implied. The responsibility for the interpretation and use of the material lies with the reader. In no event shall the World Health Organization be liable for damages arising from its use.





Oman - Medical Students 2010 (3<sup>rd</sup> Year Students Only) Global Health Professions Student Survey (GHPSS)

FACT SHEET . . . . . . . . . . . .

The Oman Medical students GHPSS includes data on prevalence of cigarette smoking and use of other tobacco products, knowledge and attitudes about tobacco use, exposure to second-hand smoke, desire for smoking cessation, and training received during Medical school regarding patient counseling on smoking cessation techniques.

This information could be very useful in monitoring and developing Oman's comprehensive tobacco control program. The Oman Medical students GHPSS was a census of 3<sup>rd</sup> year Medical students attending two Medical schools in Oman conducted in 2010. A total of 98 3<sup>rd</sup> year students participated in the Oman Medical students GHPSS. The overall response rate of all Medical students surveyed was 72.6%.

#### **Prevalence**

- 23.8% ever smoked cigarettes
- 0.0% currently smoke cigarettes
- 26.5% ever used any form of tobacco other than cigarettes
- 1.1% currently use any form of tobacco other than cigarettes
- 1.1% currently smoke shisha 0.0% currently use smokeless tobacco.
- 0.0% of ever smokers smoked on school premises/property during the past year
- 0.0% of ever smokers smoked in school buildings during the past year

### **Factors Influencing Tobacco Use**

- 4.9% were exposed to second-hand smoke at home, during the past week
- 20.6% were exposed to second-hand smoke in public places during the past week
- 99.1% thought smoking should be banned in all enclosed public places
- 94.9% thought tobacco sales to adolescents should be banned
- 96.9% thought there should be a complete ban on advertising tobacco products
- 92.7% were taught about the dangers of smoking during medical school training

## **Role Model and Cessation Training**

- 93.5% thought health professionals serve as role models for their patients
- 97.2% thought health professionals have a role in giving advice about smoking cessation to patients
- 31.8% received formal training in smoking cessation approaches during medical school
- 99.1% thought health professionals should get specific training on cessation techniques

### **Highlights**

0.0% currently smoke cigarettes and 1.1% currently use other tobacco products

One in five was exposed to smoke in public places

Almost all support a ban on smoking in all enclosed public places

Over three in 10 received training in smoking cessation approaches to use with patients

Almost all think health professionals should get specific training on cessation techniques to use with patients