

# Pakistan – Islamabad (Ages 13-15)

## Global Youth Tobacco Survey (GYTS)

### FACT SHEET . . . . .



The Pakistan - Islamabad GYTS includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability and price, exposure to secondhand smoke (SHS), cessation, media and advertising, and school curriculum. These determinants are components Pakistan - Islamabad could include in a comprehensive tobacco control program.

The Pakistan - Islamabad GYTS was a school-based survey of students in grades 8-10, conducted in 2003. A two-stage

cluster sample design was used to produce representative data for Pakistan - Islamabad. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 96.8%, the class response rate was 100%, the student response rate was 85.1%, and the overall response rate was 82.3%. A total of 1,130 students aged 13-15 participated in the Pakistan - Islamabad GYTS.

## Prevalence

- 7.1% of students had ever smoked cigarettes (Boy = 10.8%, Girl = 3.8%)
- 10.1% currently use any tobacco product (Boy = 12.4%, Girl = 7.5%)
- 1.4% currently smoke cigarettes (Boy = 2.3%, Girl = 0.6%)
- 9.5% currently use other tobacco products (Boy = 11.2%, Girl = 7.3%)
- 9.2% of never smokers are likely to initiate smoking next year

## Knowledge and Attitudes

- 49.9% think boys and 35.9% think girls who smoke have more friends
- 11.5% think boys and 10.8% think girls who smoke look more attractive

## Exposure to Secondhand Smoke (SHS)

- 26.6% live in homes where others smoke in their presence
- 33.9% are around others who smoke in places outside their home
- 94.5% think smoking should be banned from public places
- 0.4% think smoke from others is harmful to them
- 20.3% have one or more parents who smoke
- 3.9% have most or all friends who smoke

## Media and Advertising

- 81.9% saw anti-smoking media messages, in the past 30 days
- 77.6% saw pro-cigarette ads on billboards, in the past 30 days
- 71.0% saw pro-cigarette ads in newspapers or magazines, in the past 30 days
- 7.9% have an object with a cigarette brand logo
- 14.8% were offered free cigarettes by a tobacco company representative

## School

- 57.0% had been taught in class, during the past year, about the dangers of smoking
- 33.9% had discussed in class, during the past year, reasons why people their age smoke
- 43.8% had been taught in class, during the past year, the effects of tobacco use

## Highlights

- 10.1% of students currently use any form of tobacco; 1.4% currently smoke cigarettes; 9.5% currently use some other form of tobacco.
- SHS exposure is high – over one-quarter of the students live in homes where others smoke in their presence; More than one-third are exposed to smoke in public places; Approximately 1 in 5 have one or more parents who smoke.
- 0.4% of students think smoke from others is harmful to them.
- More than 9 in 10 students think smoking in public places should be banned.
- Nearly 1 in 12 students has an object with a cigarette brand logo on it.
- Over than 8 in 10 students saw anti-smoking media messages in the past 30 days; Almost three-quarters of the students saw pro-cigarette ads on billboards and in newspapers or magazines in the past 30 days.