

# **Health Emergency: Situation Report #3**

**Monsoon and Floods - 2025** 

Date: 01/08/2025 | Last update: 12:00 PM



### SITUATION OVERVIEW

As of **August 01, 2025**, Pakistan continues to contend with severe monsoon flooding across multiple regions. The National Disaster Management Authority (NDMA) reports a total of 295 deaths linked to heavy rains and flash floods since **June 26**. Overall, **700 people** were injured during this period. (Refer to Annex A for details). According to the National Disaster Management Authority (NDMA), a total of **1,600 houses** has been either fully or partially damaged, while 376 livestock losses have also been reported. Approximately 8,400 Internally Displaced Persons (IDPs) are hosted in 7 IDP camps in Gilgit Baltistan. The Pakistan Meteorological Department (PMD) forecasts that moderate to heavy rainfall will persist through July 31, heightening the risk of flash floods, landslides, and glacial lake **outburst floods (GLOFs)** in vulnerable areas.



Health Facility A-Class Civil Dispensary, Parika, Diamer, damaged by monsoon floods in Gilgit Baltistan. Source: Dept. of Health, GB.

These include Pakistan-administrative Kashmir (PAK), Islamabad/Rawalpindi, the Pothohar region, northeastern Punjab, D.G. Khan, Gilgit-Baltistan, and various districts in Khyber Pakhtunkhwa such as Chitral, Dir, Swat, Shangla, Mansehra, Murree, Galliyat, Kohistan, Abbottabad, Buner, Swabi, Nowshera, and Mardan.

### **HEALTH IMPACTS**

#### **Mortality and Injuries**

- o Among the **295 reported deaths**, 102 were men, 55 women, and 138 children. Of the **700 injured**, 265 are men, 199 women, and 236 children.
- o The provincial breakdown of deaths is as follows: Punjab (162), Khyber Pakhtunkhwa KP (66), Sindh (28), Balochistan (20), Gilgit-Baltistan (9), Islamabad Capital Territory – ICT (8), and Pakistanadministrative Kashmir – PAK (2). In the past 24 hours, only one additional fatality from Punjab was reported.

#### **Communicable Diseases**

- **Vector-borne illnesses** such as malaria and dengue may see an uptick, as stagnant water creates ideal breeding sites for mosquitoes. Over the last 6 weeks, a **31% increase** in suspected dengue cases have been reported. To date, no outbreak has been reported.
- Waterborne diseases: An Acute Watery Diarrhea (AWD) outbreak affecting over 50 residents in Noor Bux Kaka Heer, UC Wadh, Dist. Khuzadar, Balochistan is suspected to be caused by groundwater contamination following flash floods and heavy monsoon rains, according to the district team. According to the investigation team, 15 rapid diagnostic tests were conducted, and none tested positive for cholera. No other outbreak was reported in the rest of the provinces.

#### **Damage to Health Facilities**

A total of 42 damaged health facilities have been reported in Sindh (4), Khyber Pakhtunkhwa (KPK) (17), and Gilgit Baltistan (21). 38 of them sustained partial damage, while 5 (all in GB) were fully damaged. Further flood escalation may submerge additional facilities, risking damage to infrastructure, medical equipment, and essential medical supplies. (Refer to Annex B for details).



Deceased







Houses **Health Facilities Damaged** Damaged Source: National Disaster Management Authority (NDMA).

#### **Access to Health Care**

Out of the 42 damaged health facilities, 37 remain fully operational and accessible. However, services have been completely disrupted at five fully damaged facilities in Gilgit Baltistan, leaving over 25,000 people without access to basic healthcare. In Punjab, some areas are facing road damage and accessibility issues. In Balochistan, no damage to health facilities or disruption to health services has been reported to date.



## HEALTH WORKFORCE AND SUPPLIES

#### Workforce

- This week, in Punjab, health authorities have continued the deployment of medical staff doctors, nurses, and allied professionals across healthcare facilities to ensure uninterrupted service delivery amid ongoing floods. District rapid response teams remain active.
- Emergency response teams are closely monitoring the situation and coordinating with local facilities for timely support and resource adjustments. While staffing and supplies are currently adequate, some areas are experiencing increased pressure due to rising flood-related health needs.

#### Medical Supplies

- Health Departments continued proactive preparedness efforts by ensuring prepositioning of essential medicines in high-risk districts ahead of potential monsoon-related health emergencies.
- Rescue 1122 ambulances remain fully equipped, with the referral system functioning efficiently.
   Evacuation operations are ongoing in Punjab and KP, with support from Pakistan Army units facilitating the relocation of affected populations to safer areas.



# **COORDINATION, RESPONSE AND NEEDS**

#### **Response by the Government**

- During the current week, the Ministerial Committee on Disaster and Flood Management continues to operate actively in Punjab under the directives of the Chief Minister. In line with these instructions, all departments concerned remain on high alert. Section 144 remains in effect as part of the ongoing emergency response measures.
- o IDP and flood relief camps remain established in Punjab to support displaced populations. However, in districts such as Chakwal, Jhelum, D.I. Khan, and Rajanpur, part of the most affected individuals has opted to relocate to safer areas with nearby relatives. As a result, the IDP camps currently remain unoccupied.
- In Gilgit-Baltistan, 7 IDP camps have been established, with medical camps operational. So far, 2,167 individuals have received treatment at medical camps and nearby health facilities. Health education sessions have been conducted by Lady Health Workers (LHWs) in the camps and affected areas, while essential medicines have been supplied to surrounding healthcare facilities.
- In response to the AWD outbreak in Khuzdar, symptomatic treatment was provided through a
  medical camp organized by the DHO and PPHI team. Cases are being effectively managed with no
  reported fatalities. Water samples from the source were sent to the public health reference lab for
  contamination analysis.
- During the current week, an additional 75 rescue operations were carried out, resulting in the safe evacuation of 1,103 individuals. This brings the cumulative total to 223 rescue operations nationwide, with 2,880 people safely evacuated since the onset of the monsoon emergency.
- A total of 394 mosquito nets and 1,082 hygiene kits were provided to affected populations.
   Relief items have been distributed in all the provinces.

#### • WHO Contribution

- A **second Health Sector Coordination Meeting** on monsoon preparedness and response was convened on **31 July 2025**, under the leadership of the Ministry of National Health Services, Regulations and Coordination (MoNHSRC) and co-chaired by WHO. Provincial Health Departments provided updates on their preparedness measures, ongoing response activities, and highlighted critical gaps and support needs. It was agreed that Health Sector Coordination Meetings will be held on a weekly basis throughout the monsoon season to ensure timely coordination and response.
- During the current week, with continued technical support from WHO Sub-Offices, provincial health departments have activated their Health Monsoon Contingency Plans and operationalized flood control rooms in high-risk districts. Coordination with PDMAs and district administrations has been further strengthened to ensure a timely and effective response to emerging health risks.
- In addition to more than 300,000 essential medical items valued at \$185,063, WHO Pakistan will dispatch critical medical supplies to the Gilgit-Baltistan Health Department for prepositioning, as part of preparedness efforts for potential health emergencies during the anticipated monsoon floods between July and September 2025.
- **50,000 ORS sachets** distributed by WHO Sub-Office Punjab to the most flood-affected areas.
- The WHO Sub Office Balochistan coordinated with the District Health Office (DHO) Khuzdar, PDSRU, and the Department of Health to support the investigation of the AWD outbreak. Technical assistance was provided for the outbreak investigation, along with the **mobilization of** essential medicines to Khuzdar from pre-positioned stocks at the DGHS office.

#### **Immediate Priorities**

- Ensure timely access to essential health services, especially in flood-affected and hard-to reach areas, by deploying mobile medical teams, facilitating emergency referrals, and maintaining continuity of primary healthcare delivery.
- o **Prevent and respond to disease outbreaks** by ensuring the availability of safe drinking water, adequate sanitation, effective vector control measures (e.g., distribution of mosquito nets), and hygiene promotion activities, in close coordination with the WASH Sector.
- Enhance intersectoral coordination and information sharing among government bodies, humanitarian actors, and local authorities to support rapid needs assessments, optimize resource allocation, and enable timely and effective response actions.
- o Safeguard vulnerable populations, including women, children, the elderly, and persons with disabilities, through targeted outreach initiatives, inclusive and accessible health services, and the provision of psychosocial support.



#### Relief and Medical Camps Established

| Province    | No. of Relief<br>Camps | No. of Persons in<br>Relief Camp | No. of Medical<br>Camps | No. of Persons<br>Treated |
|-------------|------------------------|----------------------------------|-------------------------|---------------------------|
| Punjab      | 24                     | -                                | 97                      | 3,033                     |
| KP          | -                      | -                                | -                       | -                         |
| Sindh       | 02                     | 176                              | 16                      | 5,496                     |
| Balochistan | -                      | -                                | 01                      | 250                       |
| GB          | 07                     | 8,400                            | 01                      | 2,167                     |
| PAK         | -                      | -                                | -                       | -                         |
| ICT         | -                      | -                                | -                       | -                         |
| Grand Total | 33                     | 8,576                            | 115                     | 10,946                    |

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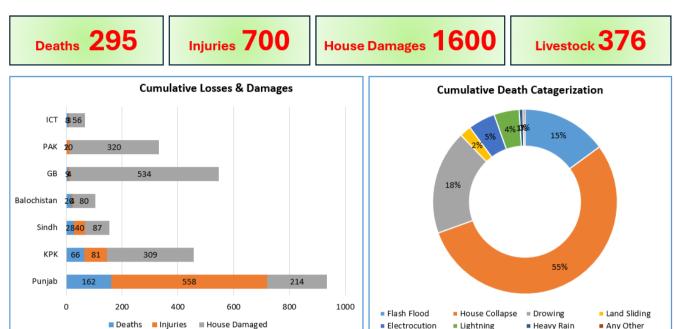
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External Relations & Program Performance

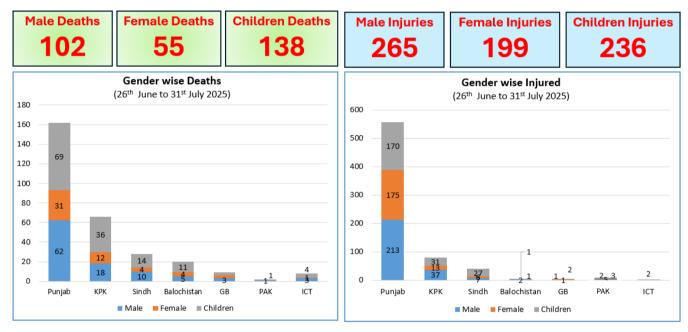
#### Annex A:

### **Key Figures on Monsoon-Related Health and Humanitarian Impact – 2025**

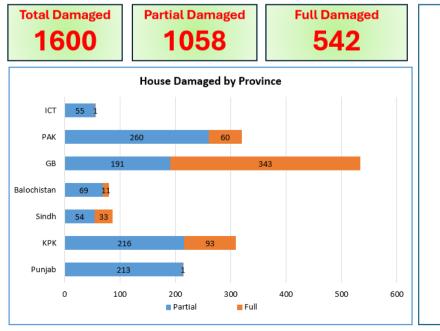
# Cumulative (26th June to 31st July 2025)

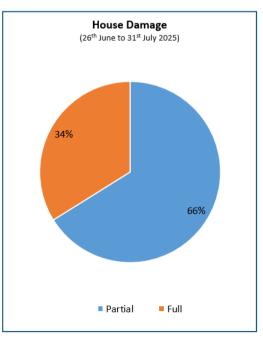


# Gender wise detail (26th June to 31st July 2025)



# House Damaged (26th June to 31st July 2025)





### Annex B:

## Detail of Health Facilities Damaged during Monsoon & Floods – 2025

| Districts  | Name of Health Facilities | Location                    | Nature of Damage                    |
|------------|---------------------------|-----------------------------|-------------------------------------|
| Diamer     | Civil Dispensary          | Sharat Thack                | Completely damaged                  |
|            | Civil Dispensary          | Babusar                     | Partially damaged                   |
|            | A-Class Dispensary        | Parika Thack                | Partially damaged                   |
|            | Civil Dispensary          | Jall Thack                  | Partially damaged                   |
|            | Civil Dispensary          | Khaya Niat                  | Partially damaged                   |
|            | Civil Dispensary          | Gais Paine                  | Partially damaged                   |
|            | Civil Dispensary          | Dogha Nallah Gais Bala      | Partially damaged                   |
|            | Civil Dispensary          | Khartalote Goharabad        | Partially damaged                   |
|            | First Aid Post            | Tatto Raikot                | Completely damaged                  |
|            | Civil Dispensary          | Hachi Khiner                | Completely damaged                  |
|            | Civil Dispensary          | Thore Kot                   | Completely damaged                  |
|            | First Aid Post            | Dogah Thore                 | Partially damaged                   |
|            | Civil Dispensary          | Dodishal Jutt               | Partially damaged                   |
| Gilgit     | Civil Dispensary          | Shiyote                     | Partially damaged                   |
| Skardu     | A-Class Dispensary        | Bilamik                     | Partially damaged                   |
|            | Civil Dispensary          | Saadpara                    | Partially damaged                   |
|            | Civil Dispensary          | Yullbu                      | Partially damaged                   |
|            | Civil Dispensary          | Tasso Gole                  | Partially damaged                   |
|            | Civil Dispensary          | Narr                        | Partially damaged                   |
|            | Civil Dispensary          | Sabsar                      | Partially damaged                   |
| Ghanche    | ACD with MCH & EPI Center | Kundus                      | Completely damaged                  |
| Kamber     | RHC                       | Waghan                      | Partially damaged                   |
|            | RHC                       | Umed Ali Junejo             | Partially damaged                   |
| Sanghar    | THQ                       | T.Adam                      | Partially damaged                   |
| Kemari     | MCH                       | Bhit Island                 | Partially damaged                   |
| Charsadda  | BHU                       | Kot                         | Partially damaged                   |
|            | BHU                       | Manikhela                   | Partially damaged                   |
|            | RHC                       | Umerzai                     | Partially damaged                   |
|            | BHU                       | Agra                        | Partially damaged                   |
|            | CD                        | Kheraki                     | Partially damaged                   |
| Dir Lower  | BHU                       | Ramora                      | Partially damaged                   |
|            | BHU                       | Pingal                      | Partially damaged                   |
|            | BHU                       | Moranai                     | Partially damaged                   |
| Abbottabad | CD                        | Rabbat                      | Partially damaged                   |
|            | RHC                       | Khanaspur                   | Partially damaged Partially damaged |
|            | RHC                       | Khairagali<br>Phallah       | Partially damaged                   |
|            | BHU                       | Kokal Barseen               | Partially damaged                   |
|            | BHU                       | Kokat Barseen<br>Kalu Maira | Partially damaged                   |
|            | BHU                       | Katu Malia                  | Partially damaged                   |
|            | ВНИ                       | Beerengali                  | Partially damaged                   |
|            | ВНИ                       | Kangar Bala                 | Partially damaged                   |
|            | ווט                       | Nangai Data                 | Garriagoa                           |