

# Progress indicators

## Consider setting national NCD targets for 2025:

- 1** Member State has set time-bound national targets based on WHO guidance
- 2** Member State has a functioning system for generating reliable cause-specific mortality data on a routine basis
- 3** Member State has a STEPS survey or a comprehensive health examination survey every 5 years

## Consider developing national multisectoral policies and plans to achieve the national targets by 2025:

- 4** Member State has an operational multisectoral national strategy/action plan that integrates the major NCDs and their shared risk factors

## Reduce risk factors for NCDs building on guidance set out in the WHO Global NCD Action Plan:

- 5** Member State has implemented the following five demand-reduction measures of the WHO FCTC at the highest level of achievement:

- a** Reduce affordability by increasing excise taxes and prices on tobacco products
- b** Eliminate exposure to second-hand tobacco smoke in all indoor workplaces, public places and public transport
- c** Implement plain/standardized packaging and/or large graphic health warnings on all tobacco packages
- d** Enact and enforce comprehensive bans on tobacco advertising, promotion and sponsorship
- e** Implement effective mass media campaigns that educate the public about the harms of smoking/tobacco use and second hand smoke

- 6** Member State has implemented, as appropriate according to national circumstances, the following three measures to reduce the harmful use of alcohol as per the WHO Global Strategy to Reduce the Harmful Use of Alcohol:

- a** Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)
- b** Enact and enforce bans or comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)
- c** Increase excise taxes on alcoholic beverages

- 7** Member State has implemented the following four measures to reduce unhealthy diets:

- a** Adopt national policies to reduce population salt/sodium consumption
- b** Adopt national policies that limit saturated fatty acids and virtually eliminate industrially produced trans fatty acids in the food supply
- c** WHO set of recommendations on marketing of foods and non-alcoholic beverages to children
- d** Legislation/regulations fully implementing the International Code of Marketing of Breast-milk Substitutes

- 8** Member State has implemented at least one recent national public awareness and motivational communication for physical activity, including mass media campaigns for physical activity behavioural change

## Strengthen health systems to address NCDs through people-centered primary health care and universal health coverage, building on guidance set out in WHO Global NCD Action Plan:

- 9** Member State has evidence-based national guidelines/protocols/standards for the management of major NCDs through a primary care approach, recognized/approved by government or competent authorities

- 10** Member State has provision of drug therapy, including glycaemic control, and counselling for eligible persons at high risk to prevent heart attacks and strokes, with emphasis on the primary care level

More details about indicator definitions, specifications and country profiles can be found at Noncommunicable Diseases Progress Monitor, 2020:

<https://www.who.int/publications/i/item/ncd-progress-monitor-2020>



## NONCOMMUNICABLE DISEASES PROGRESS MONITOR 2020 Scorecard for the Eastern Mediterranean Region

# Progress indicators, 2020 – Eastern Mediterranean Region

Country	1 2 3 4				5 TOBACCO					6 ALCOHOL			7 HEALTHY DIETS				8	9	10	Fully achieved	%	Partially achieved	%	Not achieved	%
	Targets	Mortality	Survey	Integrations	Taxes	Smoke-free environments	Packaging	Advertisements	Media campaign	Availability	Advertising restrictions	Taxes	Salt policies	Trans-fat policies	Children marketing	Breastmilk substitute	Physical activity	NCD guidelines	CVDs drugs and counselling						
Afghanistan	○	○	◐	●	○	●	○	●	○	●	●	●	○	○	○	●	○	○	○	7	37%	1	5%	11	58%
Bahrain	●	◐	◐	●	◐	○	◐	●	◐	◐	○	◐	●	●	●	●	◐	◐	●	8	42%	9	47%	2	11%
Djibouti	○	○	○	○	NR	◐	●	●	○	◐	●	●	○	○	○	◐	○	○	○	4	21%	3	16%	11	58%
Egypt	●	◐	●	●	●	●	●	◐	○	◐	●	●	◐	○	○	◐	●	◐	○	9	47%	6	32%	4	21%
Iran (Islamic Republic of)	●	◐	●	●	○	●	●	●	◐	●	●	●	●	●	●	◐	◐	●	●	14	74%	4	21%	1	5%
Iraq	●	◐	◐	●	○	◐	◐	◐	●	◐	NR	◐	◐	DK	○	◐	●	◐	◐	4	21%	11	58%	2	11%
Jordan	●	◐	◐	○	●	◐	◐	◐	●	◐	●	◐	◐	◐	○	◐	○	◐	◐	4	21%	11	58%	4	21%
Kuwait	●	◐	◐	●	○	◐	◐	●	○	NR	NR	NR	●	●	○	●	◐	●	●	8	42%	5	26%	3	16%
Lebanon	○	○	◐	◐	○	●	◐	◐	◐	◐	○	○	○	○	○	●	○	●	○	4	21%	6	32%	9	47%
Libya	○	○	○	○	○	●	○	●	○	●	●	●	○	○	○	○	○	◐	○	5	26%	1	5%	13	68%
Morocco	●	◐	●	●	◐	◐	○	◐	◐	◐	◐	◐	◐	●	●	○	◐	◐	○	5	26%	11	58%	3	16%
Oman	●	◐	◐	●	○	○	◐	◐	○	◐	◐	◐	●	●	●	◐	●	●	●	8	42%	8	42%	3	16%
Pakistan	○	○	◐	○	◐	●	●	◐	●	●	◐	●	○	○	○	●	○	○	○	6	32%	4	21%	9	47%
Palestine	●	◐	◐	◐	●	●	○	◐	◐	NA	NA	NA	●	○	○	NA	○	◐	○	5	26%	6	32%	4	21%
Qatar	●	◐	◐	●	○	○	◐	●	●	●	○	○	◐	●	○	○	●	○	○	8	42%	4	21%	7	37%
Saudi Arabia	●	◐	◐	●	◐	◐	●	●	◐	●	●	●	●	●	○	◐	◐	●	●	11	58%	7	37%	1	5%
Somalia	○	○	◐	○	○	○	○	○	○	●	●	●	○	○	○	○	○	○	○	3	16%	1	5%	15	79%
Sudan	●	○	●	◐	◐	○	○	◐	○	●	●	●	○	○	○	◐	○	●	○	6	32%	4	21%	9	47%
Syrian Arab Republic	○	◐	○	○	○	◐	○	◐	○	◐	○	◐	○	○	○	◐	○	◐	◐	0	0%	8	42%	11	58%
Tunisia	●	◐	●	●	◐	○	◐	◐	◐	◐	NR	○	●	●	○	◐	◐	○	○	5	26%	8	42%	5	26%
United Arab Emirates	●	◐	●	●	◐	◐	◐	●	○	◐	●	○	●	●	○	◐	●	●	●	10	53%	6	32%	3	16%
Yemen	○	○	○	○	◐	◐	◐	●	◐	●	●	●	○	○	○	●	○	○	○	5	26%	4	21%	10	53%
<b>Fully achieved</b>	14	0	6	12	3	7	5	10	4	9	11	10	8	9	4	6	5	8	8						
<b>%</b>	64%	0%	27%	55%	14%	32%	23%	45%	18%	41%	50%	45%	36%	41%	18%	27%	23%	36%	36%						
<b>Partially achieved</b>	0	14	12	3	8	9	10	11	8	11	3	6	5	1	0	11	6	8	2						
<b>%</b>	0%	64%	55%	14%	36%	41%	45%	50%	36%	50%	14%	27%	23%	5%	0%	50%	27%	36%	9%						
<b>Not achieved</b>	8	8	4	7	10	6	7	1	10	0	4	4	9	11	18	4	11	6	12						
<b>%</b>	36%	36%	18%	32%	45%	27%	32%	5%	45%	0%	18%	18%	41%	50%	82%	18%	50%	27%	55%						

 Fully achieved
  Partially achieved
  Not achieved
  NR No response
  DK Don't know
  NA Not available

Note: Please see back page for further explanation related to indicators and their cut-off dates.