

KUWAIT SURVEY OF NONCOMMUNICABLE DISEASE RISK FACTORS 2014

Salt/sodium and raised blood pressure

Raised BP (SBP ≥ 140 and/or DBP ≥ 90 mmHg) who are currently on medication for raised BP



27.7%

Both sexes **25.1%**

22.6%



Raised BP (SBP≥140 and/or DBP≥90 mmHg) who are not currently on medication for raised BP



57.3%

Both sexes

47.4%

35.5%





OUR TARGET

A **30%** relative reduction in premature mortality from noncommunicable diseases by 2030.

