

KUWAIT SURVEY OF NONCOMMUNICABLE DISEASE RISK FACTORS 2014

Cardiovascular disease (CVD) risk

Adults 40-69 with a 10-year CVD risk ≥ 30%, or with existing CVD



Raised BP (SBP≥140 and/or DBP≥90 mmHg) who are currently on medication for raised BP

Raised BP (SBP≥140 and/or DBP≥90 mmHg) who are not currently on medication for raised BP



Raised total cholesterol (≥ 5.0 mmol/L) who are currently on medication for raised cholesterol





OUR TARGET

A **30%** relative reduction in premature mortality from noncommunicable diseases by 2030.

