# KUWAIT SURVEY OF NONCOMMUNICABLE DISEASE RISK FACTORS 2014 

Cardiovascular disease (CVD) risk

Adults 40-69 with a 10 -year CVD risk $\mathbf{\geq 3 0} \%$, or with existing CVD

8.6\%

Raised BP (SBP $\geq 140$ and/or DBP $\geq 90 \mathbf{m m H g}$ ) who are currently on medication for raised BP


Raised BP (SBP $\geq 140$ and/or DBP $\geq 90 \mathrm{mmHg}$ ) who are not currently on medication for raised BP


Raised total cholesterol ( $\geq 5.0 \mathbf{~ m m o l} / \mathrm{L}$ ) who are currently on medication for raised cholesterol


$$
\begin{aligned}
& \text { Both sexes } \\
& 55.9 \%
\end{aligned}
$$

58.6\%

$$
58.5 \%
$$

OUR TARGET
A 30\% relative reduction in premature mortality from noncommunicable diseases by 2030 .

