

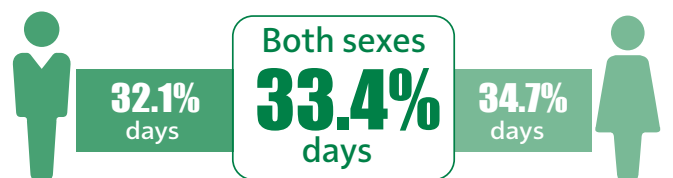


JORDAN SURVEY OF NONCOMMUNICABLE DISEASE RISK FACTORS 2019 (JORDANIANS AND SYRIANS)

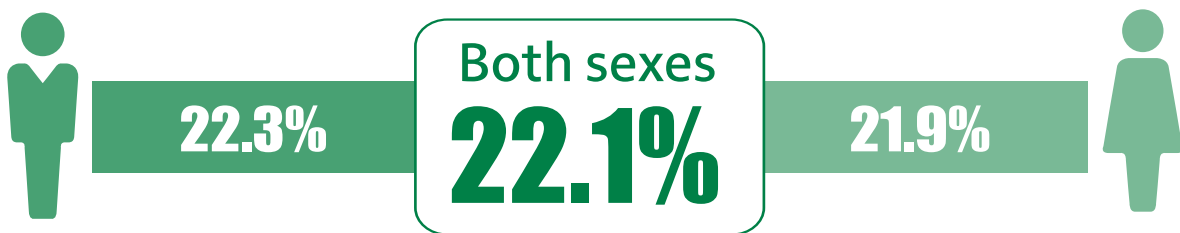
Salt/sodium and raised blood pressure

Always or often add salt or salty sauce to their food before eating or as they are eating

Always or often eat processed foods high in salt



Raised BP (SBP \geq 140 and/or DBP \geq 90 mmHg) who are currently on medication for raised BP



Raised BP (SBP \geq 140 and/or DBP \geq 90 mmHg) who are not currently on medication for raised BP



OUR TARGET

A **30%** relative reduction in premature mortality from noncommunicable diseases by 2030.



World Health Organization

REGIONAL OFFICE FOR THE Eastern Mediterranean