



# JORDAN SURVEY OF NONCOMMUNICABLE DISEASE RISK FACTORS 2019 (JORDANIANS AND SYRIANS)

## Diabetes and overweight/obesity

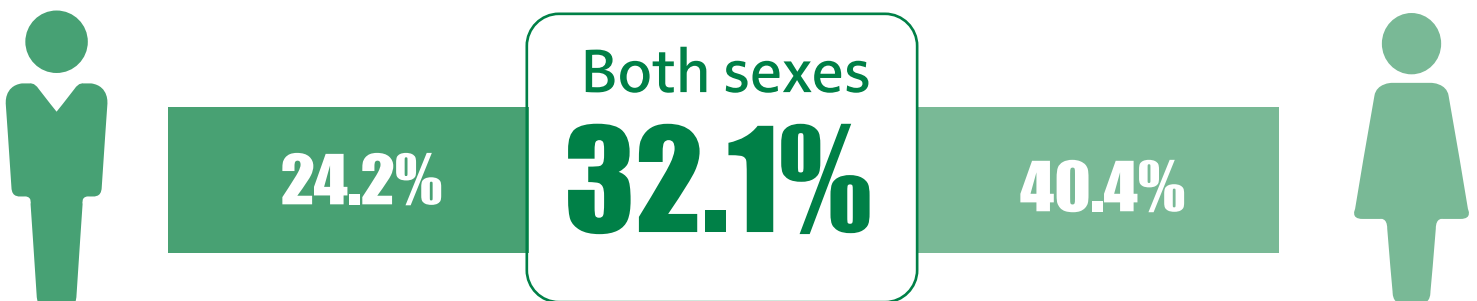
**Raised fasting blood glucose or currently on medication for raised blood glucose  
(plasma venous value  $\geq 126$  mg/dl)**



**Overweight (BMI  $\geq 25$  kg/m<sup>2</sup>)**



**Obese (BMI  $\geq 30$  kg/m<sup>2</sup>)**



### OUR TARGET

A **30%** relative reduction  
in premature mortality from  
noncommunicable diseases  
by 2030.



**World Health  
Organization**

REGIONAL OFFICE FOR THE **Eastern Mediterranean**