



AFGHANISTAN SURVEY OF NONCOMMUNICABLE DISEASE RISK FACTORS 2018

Diabetes and overweight/obesity

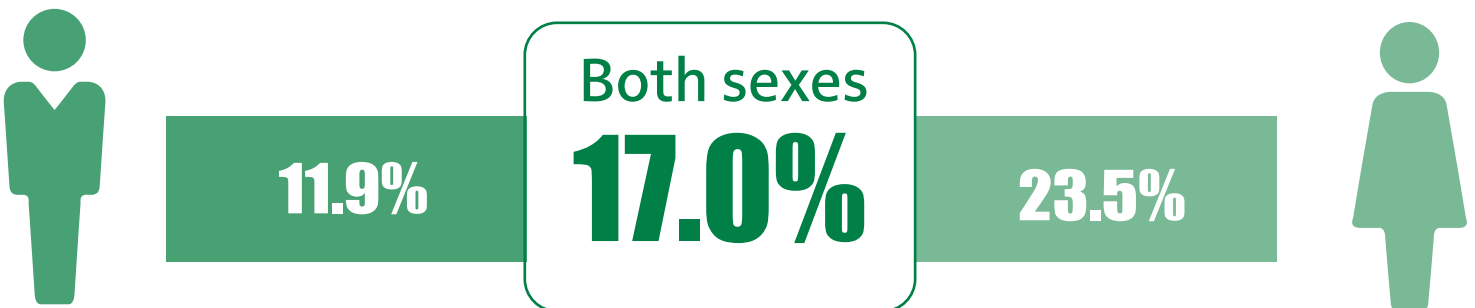
Raised fasting blood glucose or currently on medication for raised blood glucose (plasma venous value ≥ 126 mg/dl)



Overweight (BMI ≥ 25 kg/m²)



Obese (BMI ≥ 30 kg/m²)



OUR TARGET

A **30%** relative reduction in premature mortality from noncommunicable diseases by 2030.



World Health Organization

REGIONAL OFFICE FOR THE Eastern Mediterranean