

Table 1 Selected characteristics of the study participants

Characteristic	Males (n = 37)	Females (n = 69)
Age [mean (SD) years]	57.1 (13.1)	54.5 (10.5)
Time from diagnosis of diabetes [median (min.–max.) years]	7 (1–27)	10 (1–40)
	%	%
Body mass index (kg/m <sup>2</sup> )		
< 18.5	2.7	4.3
18.5–< 25	48.6	36.2
25–< 30	37.8	40.6
≥ 30	10.8	18.8
Education level		
Illiterate	21.6	50.7
Below diploma	40.5	29.0
Diploma	27.0	15.9
University	10.8	43.0
Diabetes adverse events		
Yes	62.2	63.8
No	37.8	36.2

SD = standard deviation; min. = minimum; max. = maximum.