

Table 4 Body weight and attempts to control weight among boys and girls

Body weight and attempt at weight loss	Boys		Girls		Total	
	No.	%	No.	%	No.	%
Classification of body weight	(n = 212)		(n = 221)		(n = 433) ^a	
Underweight	50	23.6	45	20.4	95	21.9
Normal	111	52.3	110	49.8	221	51.0
Overweight	27	12.7	34	15.4	61	14.1
Obese class 1	18	8.5	16	7.2	34	7.9
Obese class 2	5	2.4	12	5.4	17	3.9
Obese class 3 (morbid)	1	0.5	4	1.8	5	1.2
Attempts to control weight (in last 30 days)	(n = 214)		(n = 225)		(n = 439)	
No	111	51.9	99	44.0	210	47.8
Yes ^b	103	48.1	126	56.0	229	52.2
Methods of weight control ^{b,c}	(n = 103)		(n = 126)		(n = 229)	
Exercising	72	69.9	65	51.6	137	59.8
Food restriction	35	34.0	60	47.6	95	41.5
Starving for days	1	1.0	10	7.9	11	4.8
Slimming pills	1	1.0	4	3.2	5	2.2
+Induction of vomiting	0	0.0	2	1.6	2	0.9

^a6 cases were excluded due to missed information.

^bCategories are not mutually exclusive;

Denominator is total attempting to control weight;