Table 1 Baseline characteristics of patients with coronary artery disease who participated in the yoga intervention study, Lucknow, India, 2007–2009

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Control group&lt;sup&gt;a&lt;/sup&gt; (n = 129)</th>
<th>Yogic group&lt;sup&gt;b&lt;/sup&gt; (n = 129)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean (SD)</td>
<td>Mean (SD)</td>
</tr>
<tr>
<td>Age (years)</td>
<td>56.4 (10.9)</td>
<td>59.1 (9.9)</td>
</tr>
<tr>
<td>Height (cm)</td>
<td>161.6 (8.4)</td>
<td>161.5 (9.0)</td>
</tr>
<tr>
<td>Weight (kg)</td>
<td>65.6 (12.3)</td>
<td>64.9 (9.3)</td>
</tr>
<tr>
<td>WC (cm)</td>
<td>94.2 (10.5)</td>
<td>93.0 (8.3)</td>
</tr>
<tr>
<td>HC (cm)</td>
<td>95.6 (11.3)</td>
<td>94.5 (9.4)</td>
</tr>
<tr>
<td>SBP (mmHg)</td>
<td>129.8 (14.1)</td>
<td>130.1 (10.3)</td>
</tr>
<tr>
<td>DBP (mmHg)</td>
<td>82.3 (8.6)</td>
<td>83.7 (8.0)</td>
</tr>
<tr>
<td>Heart rate (beats/min)</td>
<td>71.6 (11.4)</td>
<td>73.0 (9.1)</td>
</tr>
</tbody>
</table>

<sup>a</sup> 104 males, 25 females.<br>
<sup>b</sup> 103 males, 26 females.<br>
SD = standard deviation; WC = waist circumference, HC = hip circumference, SBP = systolic blood pressure; DBP = diastolic blood pressure.