

Table 3 Risk factors for high emotional exhaustion: results of multivariate logistic regression analysis

Variable	B	Standard error	Adjusted OR (95% CI)
Age (years)			
≤ 29 (R)			1.00
30–39	-0.811	0.341	0.44 (0.23–0.87)
40–49	-1.796	0.496	0.17 (0.06–0.44)
≥ 50	-0.837	0.656	0.43 (0.12–1.57)
Nationality			
Non-Saudi (R)			1.00
Saudi	1.460	0.382	4.14 (1.66–9.75)
Salary (SR/month)			
< 10 000			1.00 (0.53–3.25)
10 000–15 000	0.270	0.464	1.31 (1.03–6.04)
> 15 000–20 000	0.915	0.451	2.50 (0.66–5.94)
> 20 000	0.680	0.562	
Duration of annual vacation (weeks)			
4 (R)			1.00
5–7	-0.072	0.314	0.93 (0.50–1.72)
>7	-1.585	0.631	0.21 (0.06–0.71)
No. of working days/week			
5			1.00
6	-20.9	9903.1	0.01 (0.001–0.03)

Variables excluded from the model (not significant): Professional status, years of profession, age and speciality.

(R) = Reference category; OR = odds ratio; CI = confidence interval; SR = Saudi riyals.