

Table 2 Professional characteristics of physicians working at primary health care centres in Asir province, Saudi Arabia, and prevalence of pathological scores on subscales of the Maslach Burnout Inventory (MBI)

Professional characteristics	Total sample (n = 370)		Prevalence of pathological scores					
			Emotional exhaustion (score ≥ 26)		Depersonalization (score ≥ 9)		Low personal accomplishment (score ≤ 33)	
	No.	%	No.	%	No.	%	No.	%
Professional status								
Resident	363	98.1	108	29.8	57	15.7	71	19.6
Specialist	5	1.4	1	20.0	1	20.0	2	40.0
Consultant	2	0.5	0	0.0	0	0.0	0	0.0
Duration of practising (years)								
< 5	64	17.3	19	29.7	6	9.4	12	18.8
5–15	183	49.5	65	35.6	37	20.2	41	22.4
> 15	123	33.2	25	20.3	15	12.2	20	16.3
Duration of work in current facility (years)								
< 5	213	57.6	64	30.0	35	16.4	51	23.9
≥ 5	157	42.4	45	28.7	23	14.6	22	14.0
Specialty qualifications								
General practice	285	77.0	86	30.2	40	14.0	54	18.9
Family medicine	65	17.3	15	23.1	14	21.5	15	23.1
Other ^a	20	5.7	8	38.1	4	19.0	4	20.0
No. of working days/week								
5	237	64.1	93	39.2	41	17.3	51	21.5
6	133	35.9	16	12.0	17	12.8	22	16.5
Duration of annual vacation (weeks)								
4	45	12.2	14	31.1	5	11.1	16	35.6
5–7	321	86.8	94	29.3	53	16.5	56	17.4
> 7	4	1.1	1	25.0	0	0.0	1	25.0

^aOphthalmology, paediatrics, community medicine, dermatology or internal medicine.