

Table 1 Demographic profile of participants in the National Guard Health Measures Survey 2010 in Eastern region of Saudi Arabia (n = 1339)

Variable	No.	%
Age (years)		
14–24	498	37.2
25–34	253	18.9
35–44	399	29.8
45–54	166	12.4
55+	23	1.7
Sex		
Male	769	57.4
Female	570	42.6
Education level		
Low (grade 1–6)	596	44.5
Medium (grade 7–9)	431	32.2
High (grade \geq 10)	312	23.3
Family size		
< 4	142	13.4
4–7	666	63.0
> 7	250	23.6