

Table 2 Participants' self-reported lifestyle and preventive health measures

Variable	Total		Satisfied with health		Practising physical exercise		Daily bath		Daily tooth brushing		Hand washing		Smoking	
	No.		No.	%	No.	%	No.	%	No.	%	No.	%	No.	%
Age (years)														
14–24	498		493	99.0	353	70.9	307	61.6	276	55.4	484	97.2	34	6.8
25–34	253		245	96.8	187	73.9	155	61.3	141	55.7	243	96.0	37	14.6
35–44	399		348	87.2	235	58.9	265	66.4	235	58.9	342	85.7	83	20.8
45–54	166		142	85.5	89	53.6	108	65.1	102	61.4	136	81.9	36	21.7
55+	23		18	78.3	7	30.4	12	52.2	15	65.2	18	78.2	3	13.0
P-value			0.001		0.001		0.28		0.53		0.001		0.01	
Sex														
Male	769		745	96.9	577	75.0	480	62.4	435	56.6	730	95.0	181	23.5
Female	570		502	88.0	296	51.9	367	64.3	324	56.8	493	86.5	12	2.1
P-value			0.002		0.001		0.66		0.91		0.007		0.001	
Education level														
Low (grade 1–6)	596		575	96.5	392	65.8	370	62.1	344	57.7	533	89.4	86	14.4
Medium (grade 7–9)	431		398	92.3	280	64.9	281	65.2	251	58.2	382	88.6	55	12.8
High (grade ≥ 10)	312		269	86.2	201	64.4	196	62.8	174	55.8	307	98.4	52	16.7
P-value			0.79		0.88		0.82		0.87		0.02		0.66	
Family size														
< 4	142		124	87.3	117	82.4	91	64.1	94	66.1	126	88.7	21	14.8
4–7	666		640	96.0	470	70.6	426	64.0	431	64.7	597	89.6	91	13.7
> 7	250		221	88.4	101	40.4	157	62.8	168	67.2	222	88.8	54	21.3
P-value			0.73		0.001		0.88		0.66		0.87		0.04	
Total	1339			93.1		65.2		63.3		57.4		91.3		15.8

Chi-squared tests.