

Table 3 Participants' measured health status

Variable	Total	Overweight or obese		High serum lipids		Diabetes mellitus		Hypertension		Psychiatric problems		Serious accident	
	No.	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%
Age (years)													
14–24	498	200	40.1	90	18.1	5	1.0	2	0.4	206	41.3	35	7.0
25–34	253	198	78.3	131	51.8	15	6.0	6	2.3	122	48.2	5	2.0
35–44	399	302	75.7	322	80.7	54	13.5	55	14.0	195	48.9	21	5.2
45–54	166	133	80.1	130	78.3	40	24.1	41	24.7	84	50.6	18	10.8
55+	23	14	60.9	18	78.2	8	34.7	16	70.0	9	39.1	1	4.3
P-value		0.001		0.001		0.001		0.001		0.01		0.001	
Sex													
Male	769	522	67.9	209	27.2	83	11.0	73	9.4	312	40.6	61	7.9
Female	570	325	57.1	101	17.7	30	5.2	47	8.2	311	54.6	19	3.3
P-value		0.02		0.001		0.001		0.82		0.001		0.01	
Education level													
Low (grade 1–6)	596	336	59.5	128	21.4	54	9.0	61	10.2	242	40.6	38	6.3
Medium (grade 7–9)	431	240	55.7	102	23.6	37	8.6	39	9.0	220	51.0	24	5.5
High (grade ≥ 10)	312	171	54.8	80	25.7	22	7.0	20	6.4	161	51.6	18	5.8
P-value		0.54		0.82		0.78		0.46		0.88		0.78	
Family size													
< 4	142	100	70.5	35	24.7	18	12.7	16	11.3	51	36.0	10	7.0
4–7	666	424	63.7	170	25.5	52	7.8	56	8.4	280	42.0	39	5.9
> 7	250	175	70.0	64	25.6	27	10.8	24	9.6	142	56.8	14	5.6
P-value		0.56		0.91		0.44		0.55		0.02		0.44	
Total	1339	847	63.2	691	51.6	122	9.1	120	9.0	616	46.0	80	6.0

Chi-squared tests.