<table>
<thead>
<tr>
<th>Independent variable</th>
<th>Knowledge</th>
<th>Practice</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>β</td>
<td>P</td>
</tr>
<tr>
<td>Marital status before menopause (married = 0; unmarried = 1)</td>
<td>−0.189</td>
<td>&lt; 0.001</td>
</tr>
<tr>
<td>Education (uneducated = 0, educated = 1)</td>
<td>0.105</td>
<td>0.031</td>
</tr>
<tr>
<td>Employment status (not working outside the home = 0; working outside the home = 1)</td>
<td>0.119</td>
<td>0.013</td>
</tr>
<tr>
<td>Age at menopause</td>
<td>0.098</td>
<td>0.030</td>
</tr>
<tr>
<td>Income (sufficient = 1; insufficient = 0)</td>
<td>0.101</td>
<td>0.032</td>
</tr>
<tr>
<td>Pattern of menopause (gradual onset = 0; sudden onset = 1)</td>
<td>−</td>
<td>−</td>
</tr>
</tbody>
</table>

\[ R^2 \] F P

<table>
<thead>
<tr>
<th>R²</th>
<th>F</th>
<th>P</th>
<th>R²</th>
<th>F</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.109</td>
<td>10.82</td>
<td>&lt; 0.001</td>
<td>0.208</td>
<td>23.38</td>
<td>&lt; 0.001</td>
</tr>
</tbody>
</table>