Table 1 Sociodemographic characteristics of the study sample ( $n=249$ women)

| Variable | Value |  |
| :--- | :---: | :---: |
|  | Mean (SD) | Range |
| Age (years) | $36.8(11.8)$ | $15.0-70.0$ |
| BMI (kg $/ \mathrm{m}^{2}$ ) | $29.6(5.3)$ | $17.3-41.4$ |
|  | No. | $\%$ |
| Marital status |  |  |
| Single | 50 | 20.1 |
| Married | 166 | 66.7 |
| Divorced | 19 | 7.6 |
| Widow | 14 | 5.6 |
| Education |  |  |
| Never attended |  |  |
| school | 155 | 62.2 |
| Primary school | 47 | $18.9^{*}$ |
| Secondary school | 47 | 18.9 |

